

Self-Administered Alcohol and Drug Screening Test

(This information is available in other forms to people with disabilities by calling the county worker on this form. For TDD users and those with speech difficulties, please contact your county worker through the Minnesota Relay at 711 or 1-800-627-3529 (TDD) or 1-877-627-3848 (speech-to-speech relay).

These questions will help you find out if you have a problem with alcohol or drug use. You can choose to answer then. You do not have to share the answers with your county human service agency.

1. Have you ever felt you should cut down on your drinking or drug use? ρ Yes ρ No
2. Have people annoyed you by criticizing your drinking or drug use? ρ Yes ρ No
3. Have you ever felt bad or guilty about your drinking or drug use? ρ Yes ρ No
4. Have you ever had a drink or used drugs first thing in the morning
(an eye-opener) to get rid of a hangover? ρ Yes ρ No

If you answered yes to 2 or more of the questions above you may have a problem with either alcohol or drugs. Your county can help you find out if you need help with alcohol or drug problems. If it is decided you need help, the cost of treatment will be covered. The county can help you make arrangements to care for you children.

To find out if you need help with an alcohol or drug problem, call or contact:

Hennepin County Chemical Health Assessment Unit
1800 Chicago Ave S
Minneapolis, MN
Call 612-879-3501 for information.

Warning for Pregnant Women

If you are pregnant and use alcohol, you may be subjecting your unborn child to Fetal Alcohol Syndrome (FAS). Fetal Alcohol Syndrome is a birth defect that can occur when a pregnant woman drinks alcohol. Permanent brain damage may result from alcohol interfering with the normal development of the brain in the unborn child.

To get more information about FAS call, 1-800-543-7709

