

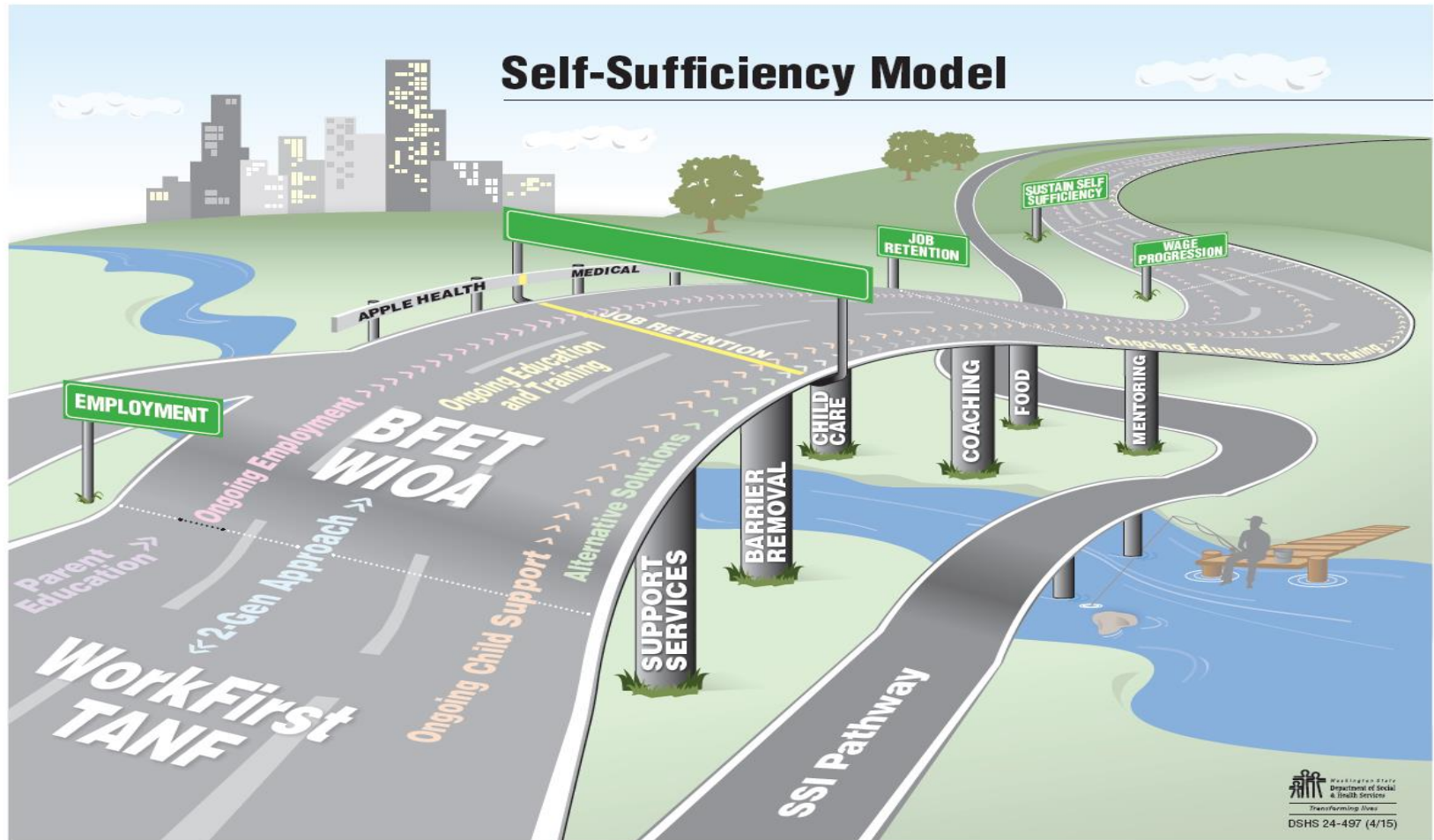
# Systems to Family Stability Policy Academy

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13 Labs: Implementing Innovation and Ideas Concurrent Workshops:  
Supporting Enhanced Coaching and Case Management Strategies

# Self-Sufficiency Model



# Targeted Populations

## Disconnected Youth

- WIOA focus
- 1/3<sup>rd</sup> of TANF caseload

## TANF Cyclers

- 40% of caseload returning clients
- Hard to serve

# Service Enhancement Areas

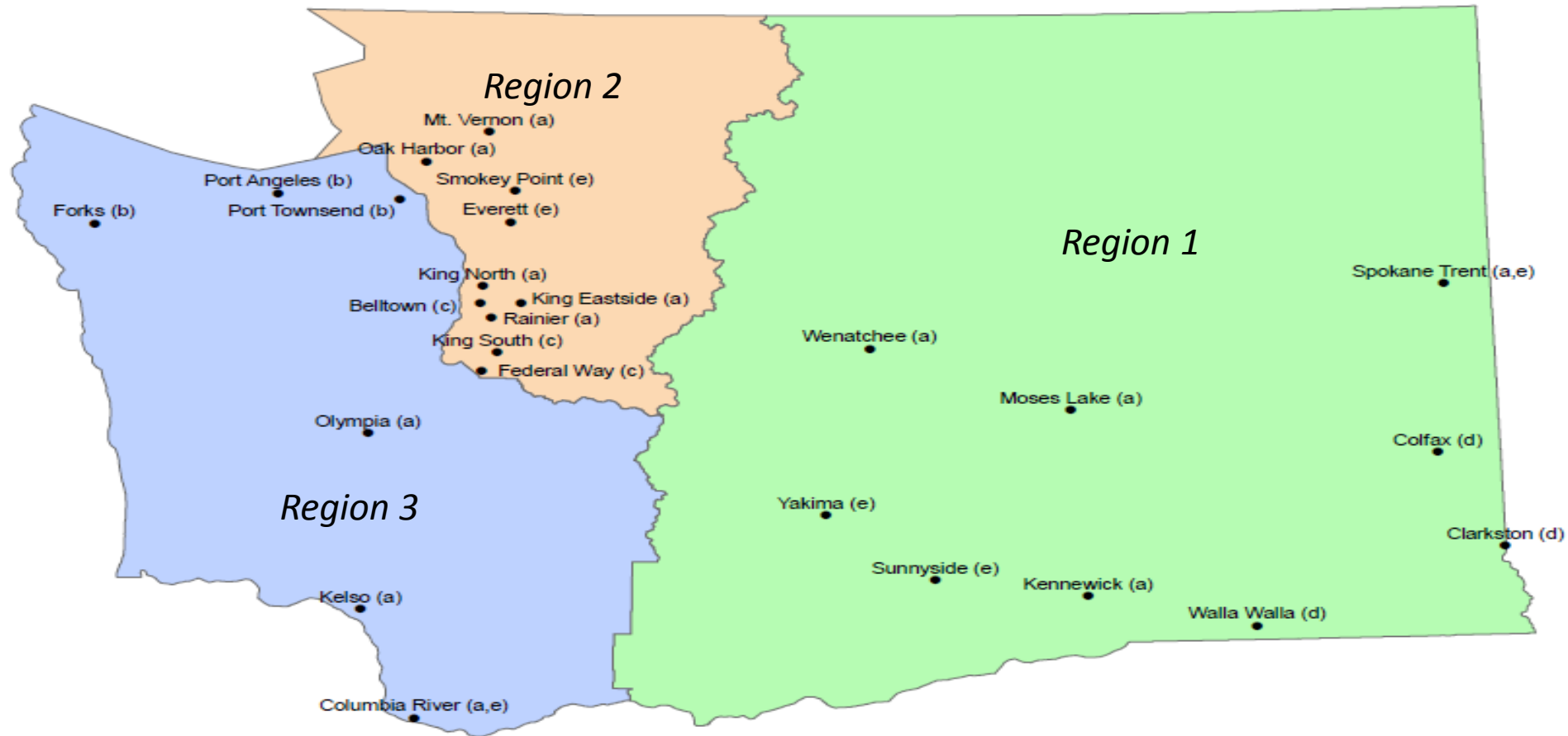
- ✓ Applies Trauma Informed Interventions / Coaching Case Management
- ✓ Multigenerational Approach
- ✓ Improve linkages to Workforce Innovation and Opportunity Act (WIOA) systems and services

# Request for Pilot Proposals

- ✓ Local field offices were given an opportunity to implement innovative approaches that benefit WorkFirst participants.
- ✓ Pilot proposals needed to demonstrate work with targeted populations and the use of one of the service enhancement areas.
- ✓ Pilot Proposals were due November 30, 2015.

## Selected Pilots

- ✓ Pilots were selected to test new approaches.
- ✓ In Total = 16 Pilots in 25 CSOs.
- ✓ Pilots were assigned a “coach” from Headquarters who provide technical assistance and to serve as a resource.



**PILOTS – (Key)**

- (a) = Individual pilot site
- (b) = Multi-site pilot at Forks, Port Angeles and Port Townsend CSOs
- (c) = Multi-site pilot at Belltown, Federal Way and King South CSOs
- (d) = Multi-site pilot at Clarkston, Colfax and Walla Walla CSOs
- (e) = Career and Life Coaching pilot at Columbia River, Everett, Smokey Point, Spokane Trent, Sunnyside and Yakima CSOs



# The Roll Out

- ✓ Representatives from pilots met in January, 2016 to discuss implementation and assessment.
- ✓ Pilot sites developed roadmaps to implementation, are implementing their approaches and are beginning to discuss assessment / evaluation needs.
- ✓ Pilot sites come together to share what is working, challenges met, and potential resources.



# The Roll Out Continued

- ✓ Training - Neuroscience, Epigenetics, Adverse Childhood Experience and Resilience (NEAR) training for 10 pilot sites (March – June 2016, via the Foundation for Healthy Generations)
- ✓ Technical Assistance – Ongoing support to coaches and pilot sites
- ✓ Outreach – Ongoing communication to partner agencies and stakeholders

# Example of Pilot

**Columbia River CSO** – This pilot is focusing on whole family case management model, by providing clients enhanced case management, goal setting techniques and self-sufficiency plans. Focus includes family support, progress in school, non-custodial parent involvement, wrap-around case staffing, etc.

- ✓ Targeted Population: Disconnected Youth and TANF Cyclers
- ✓ Service Enhancement Area: Multi-Generational Approach to Poverty and Coaching Case-Management Interventions

# Example of Pilot

**Moses Lake CSO** – This pilot focuses on a strengths-based, whole family approach with parents who cycle on and off of TANF as well as working with disconnected youth. They will combine community engagement, intensive family supports and mentorship strategies to encourage ultimate goals of stabilization and self-sufficiency. The pilot utilizes the My Bridge of Strength model to work with families, SMART mentorship and motivational interviewing skills.

- ✓ Targeted Population: Disconnected Youth and TANF Cyclers
- ✓ Service Enhancement Area: Multi-Generational Approach to Poverty and Coaching Case-Management Interventions

# Example of Pilot

**Wenatchee CSO** – This pilot provides intensive wrap-around services including weekly meetings, case staffings, whole family coaching and life skills programs. The pilot also connects with the local Division of Child Support staff who will work with the non-custodial parent, with a goal to assist the non-custodial parent in obtaining services to enhance their earning capacity.

- ✓ Targeted Population: TANF Cyclers
- ✓ Service Enhancement Areas: Multi-Generational Approach to Poverty and Coaching Case-Management Interventions

# Example of Pilot

**Career and Life Coaching** – Six CSOs (Columbia River, Everett, Smokey Point, Spokane Trent, Sunnyside and Yakima) are piloting a Career and Life Coaching model, developed by The Prosperity Agenda and funded by the Kellogg Foundation. “Coaching” is designed to help families, who have returned to TANF, take measurable steps toward long-term financial stability. There are 9 staff serving as coaches in the 6 pilot offices. Coaching is voluntary for the parent.

As part of the pilot, The Prosperity Agenda is evaluating:

- ✓ The training that coaches received
- ✓ The outcomes of the Career and Life Coaching model – (post approval from the WA State Institutional Review Board)

**QUESTIONS?**