

Crittenton Services, Inc.

Meeting the Needs of West Virginia's
Children and Families



Crittenton Services, Inc. West Virginia

- **120** years of service
- Accredited through COA
- Continuum of Services: residential to home-based
- Cutting Edge Trauma Care
- Engagement in national research and development projects for the advancement of evidence-based best practice
- Grass root trauma care

Total Clients Served 2013-2014 FY = 1634

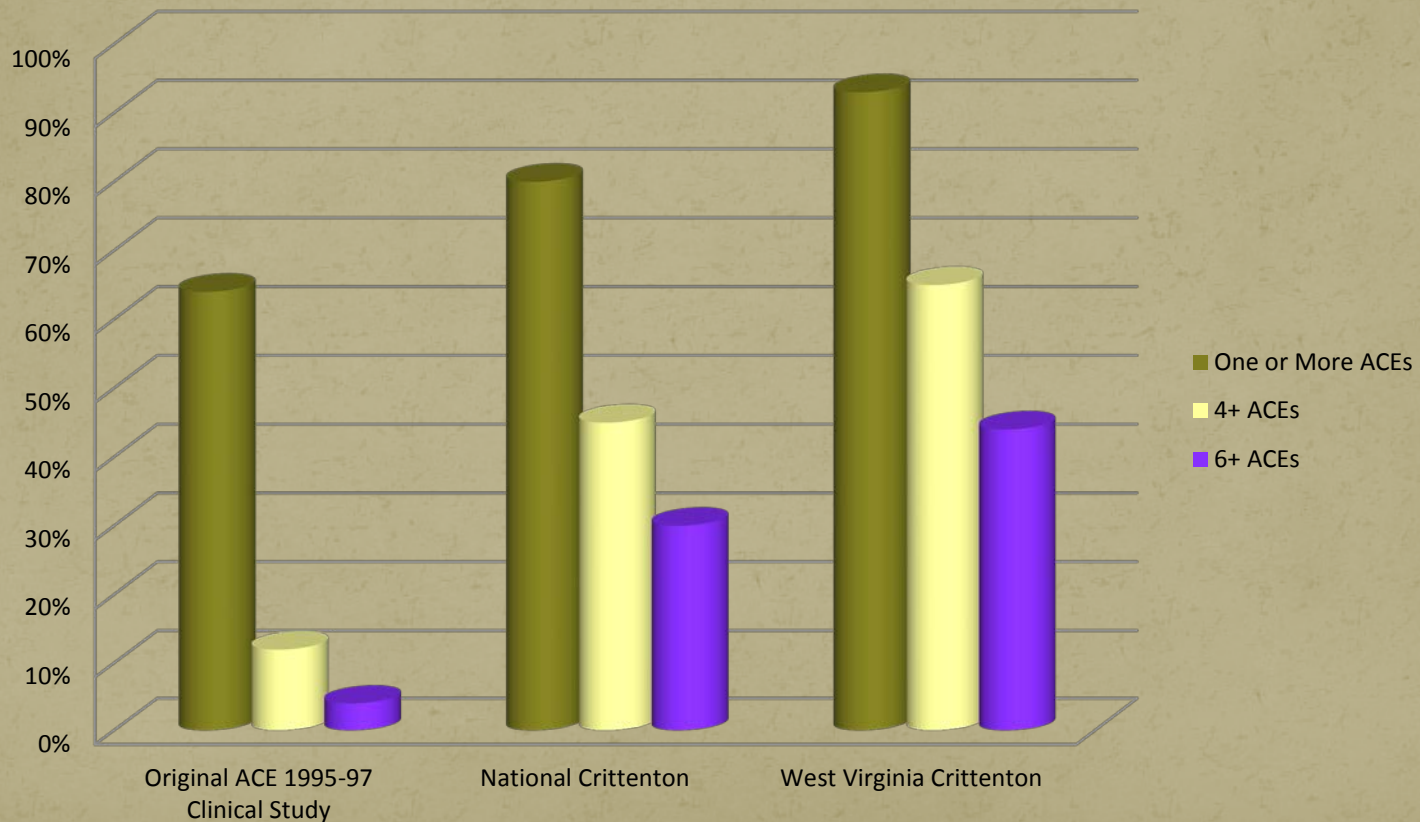
Crittenton: Trauma-Informed, Trauma-Focused



- 2010 committed to the ARC Trauma Treatment Framework
- Blaustein, M., & Kinniburgh, K. (2010). Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience through Attachment, Self-Regulation, and Competency. New York, Guilford Press. Developed at the Trauma Center, Justice Resource Institute (JRI), Boston.
- Partnered with JRI to produce an internal, self-sustaining trauma curriculum based on the ARC model.

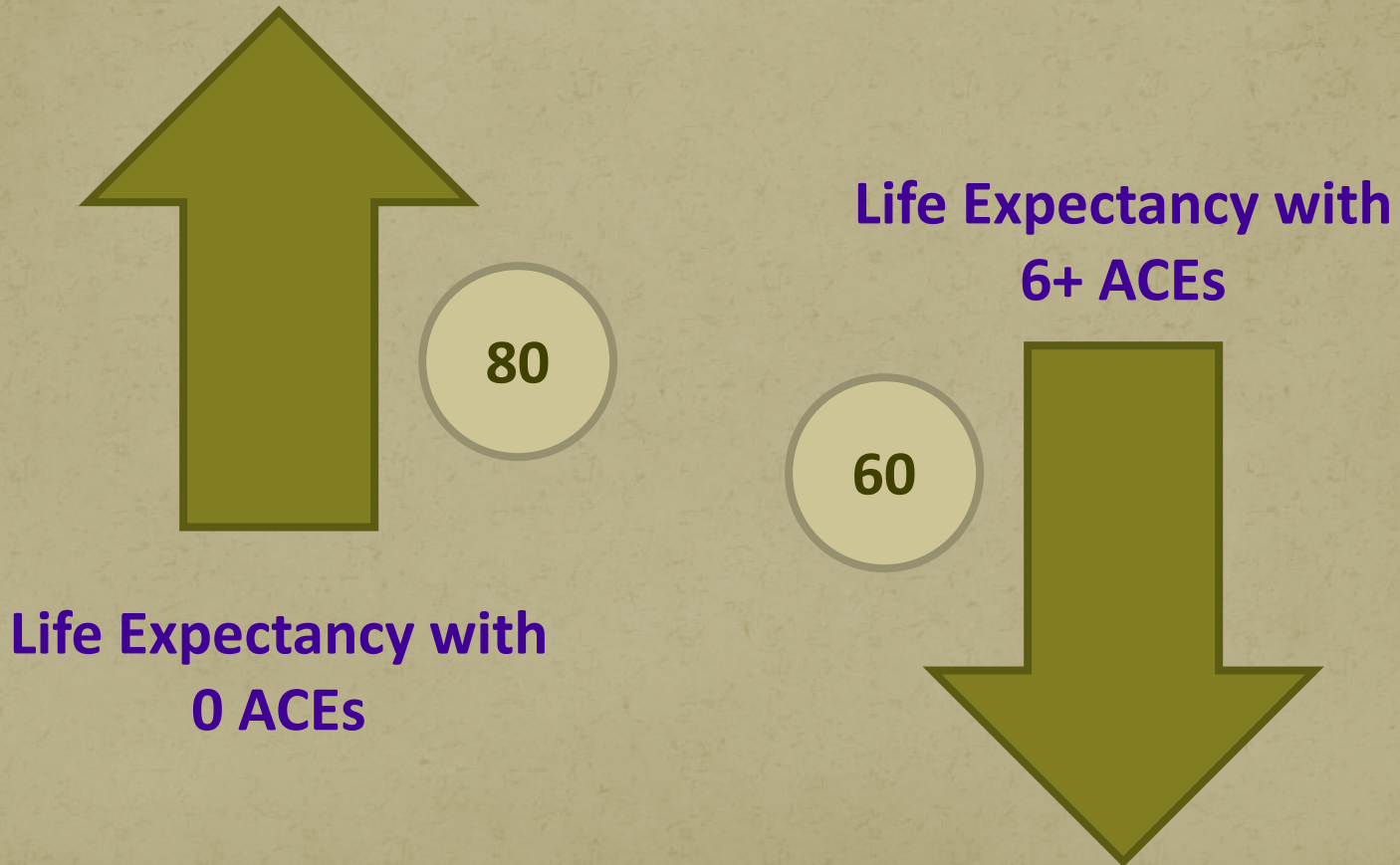
2012 ACE Study Findings

2012 Study with the National Crittenton Foundation under Dr. Vincent Felitti



ACE Impacts

Increased ACEs can impact lifespan

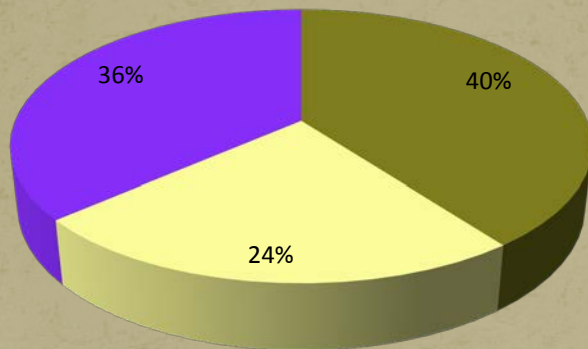


*44% of WV Crittenton respondents reported 6 or more ACEs

Crittenton ACE Scores Reporting to Date

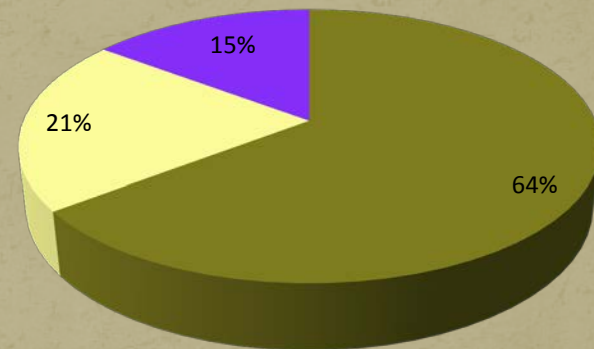
**Residential ACE Scores
July 2012-December 2014**

■ 0 to 4 ■ 5 and 6 ■ 7+



**Wellspring Clients
July 2012-December 2014**

■ 0-4 ACE ■ 5-6 ACE ■ 7+





8.7%

**General
Population**

38%

**Crittenton
Services**

Current ACE Research Project

- ❖ November 2014 with the National Crittenton Foundation, under the direction of Dr. Roy Wade, M.D., of Children's Hospital of Philadelphia
- ❖ This new round of assessments will include an ACE survey that better describes the profile of respondents, the programs and systems with which they are involved, and their experiences within those systems.
- ❖ Additionally, the assessment will include a Well-being Assessment section to gather information on resiliency factors.

Evidence-Based Practices

SPARCS

- Structured Psychotherapy for Adolescents Responding to Chronic Street

ARC

- Attachment, Self-Regulation and Competency

TF-CBT

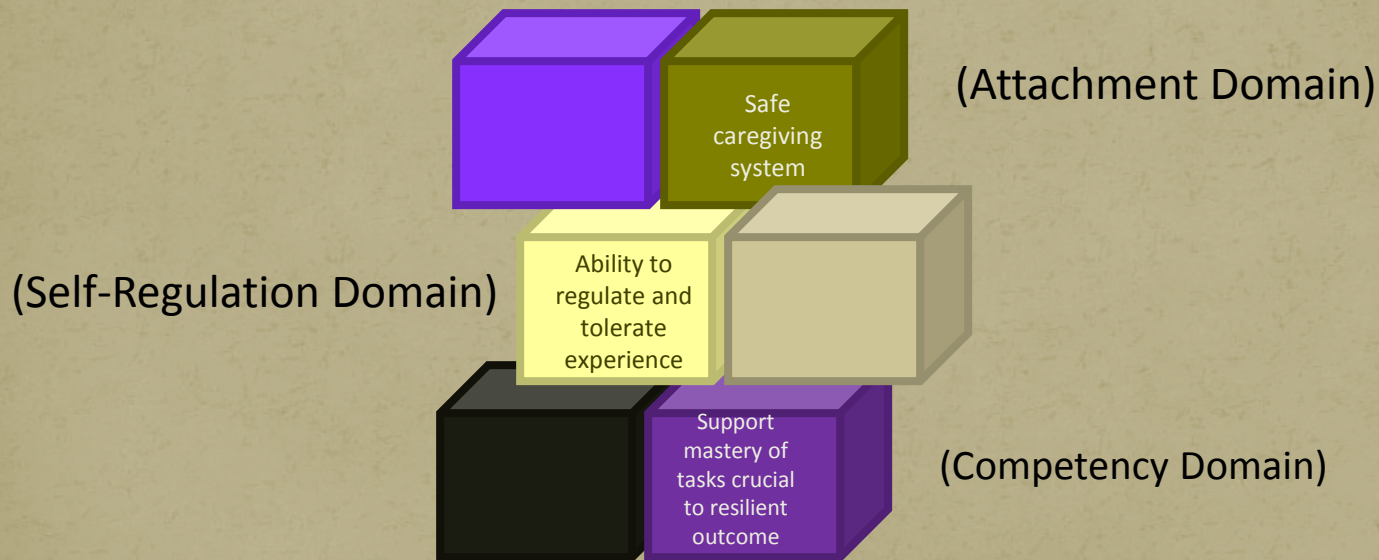
- Trauma-Focused Cognitive Behavioral Therapy

*Center for Child Trauma Assessment and Service and Planning (CCTASP) at Northwestern University Medical School

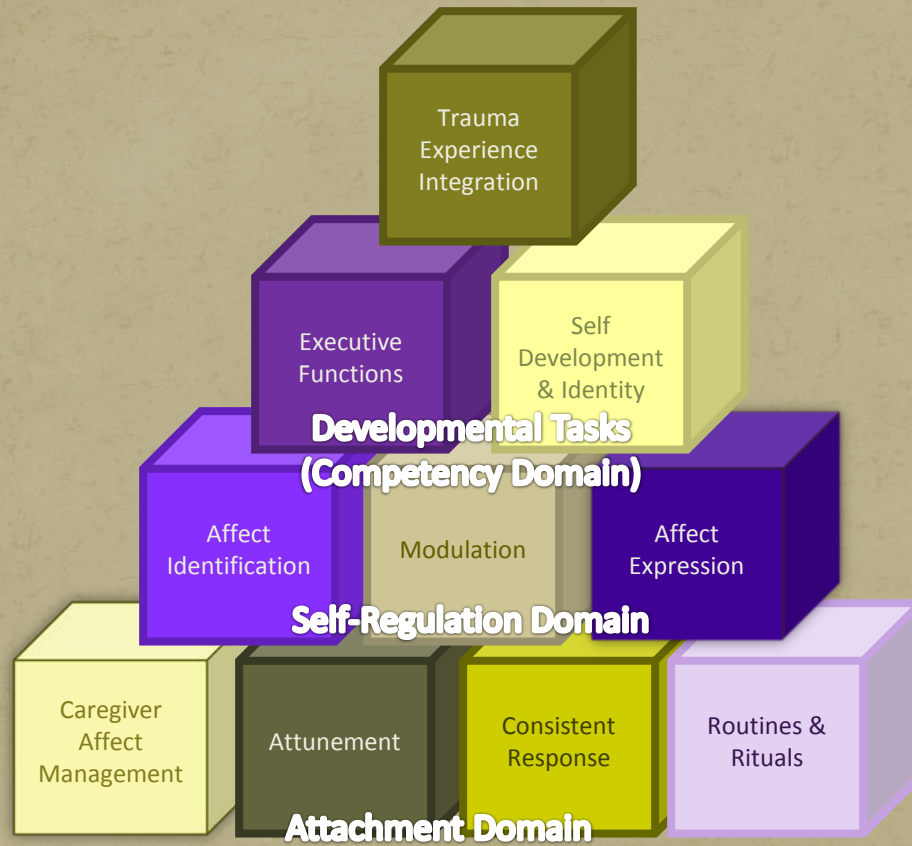
What is ARC?

➤ **Focus on 3 Domains** ◀

Program Philosophy: safety, healing, relationship building and planning for the future, supported by new skills.



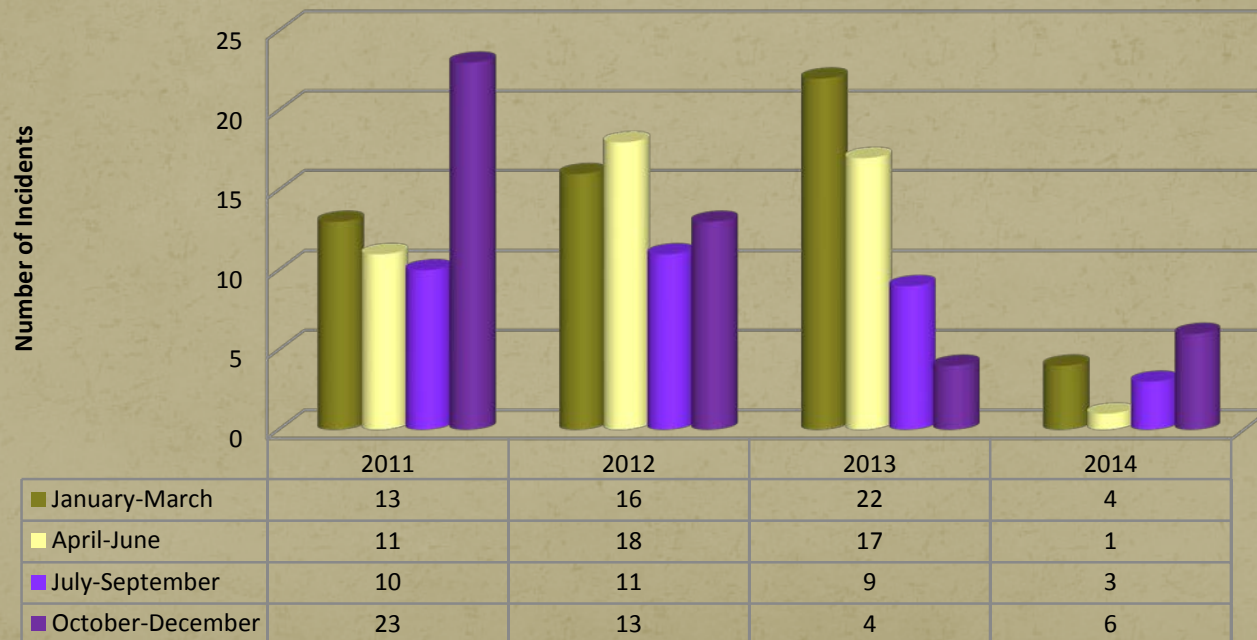
ARC Framework



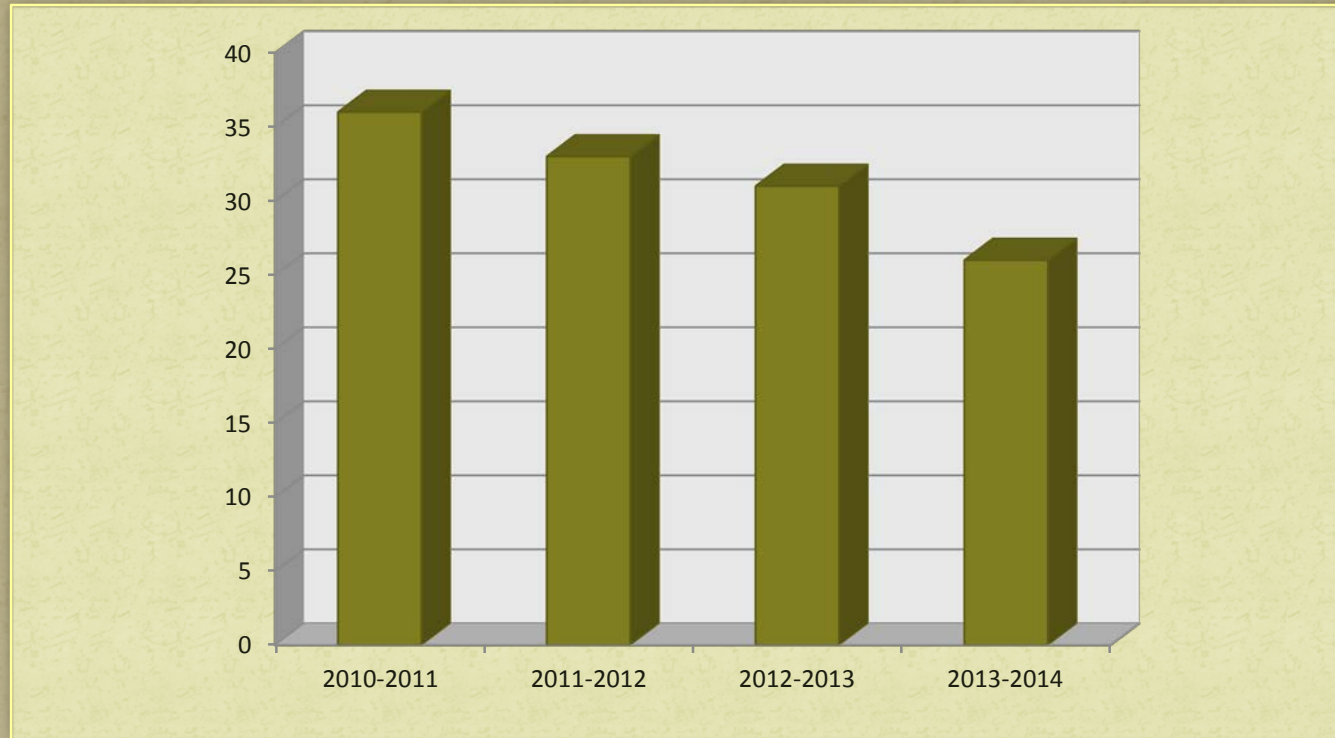
Incorporating ARC at Crittenton

Research findings for West Virginia compared to national ACE
Data deepened our commitment to the ARC framework.

Incidents Related to Aggression or Self-Injury in Residential 2011-2014



Crittenton Staff Turnover Rates



- ✓ 7 year low for turnover
- ✓ 26% turnover rate
- ✓ 2013-2014 decrease – 20%

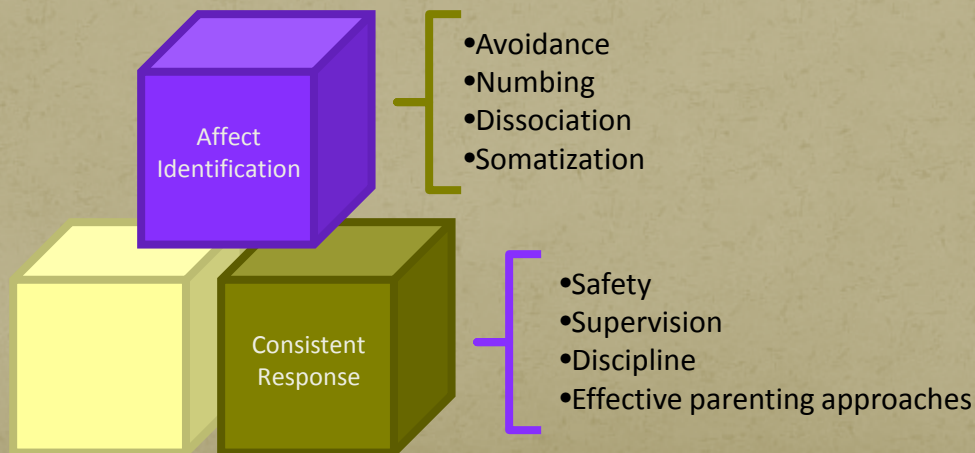
WV CANS

- ❖ The West Virginia Child and Adolescent Needs and Strengths-Universal Information Gathering Tool- Dr. John Lyons and the Praed Foundation
- ❖ Provider based state wide training initiative
- ❖ Commitment from the State for implementation

Merging ARC and CANS

Developed and Piloted at CCTASP at Northwestern University Medical School

- For each building block, CANS items were “mapped onto” the block
 - Collaboration with Dr. Margaret Blaustein, one of the developers of ARC
 - Conceptually drive, empirically validated
- Connected CANS 2.0 items to the ARC building blocks based on their relevance to the block



ARC/CANS 2.0 “Map”

➡ Outcome ←

- Each ARC building block defined by measureable CANS 2.0 items
- Translating assessment information into the ARC framework in order for clinicians to integrate their assessment and treatment process



Moving Forward

- January 2015: Selected as a partner in BSC “Breakthrough Series Collaborative” with the Center for Child Trauma Assessment and Service Planning and the Family Informed Trauma Treatment Center (partners in the National Child Traumatic Stress Network)
- Collaborative: The Meaningful Use of CANS-Trauma & FANS-Trauma Assessments with Youth and Families
- Work of the collaborative is resting, implementing and sustaining improvements in:
 - Knowledge and competence in trauma assessment
 - Screening assessment
 - Planning processes
 - Engaging and partnering youth and families
 - Systems-level collaboration



Selected Collaborative Members

Pennsylvania:
Allegheny County Dept.
of Human Services

Maine:
Franklin County
Children's Task Force

Wisconsin:
DHHR, Child and Family
Services Division

Maryland:
Center for Children, Inc.
Family Center at the
Kennedy Krieger
Institute
The Woodbourne
Center

West Virginia:
Crittenton Services
Stepping Stones
WV DHHR
WVU School of Social
Work

Indiana:
Indiana Department of
Child Services

Breakthrough Staff Affiliations

- Northwestern University
Feinberg School of
Medicine
- University of Maryland
School of Medicine and
Social Work
- Chapin Hall at the
University of Chicago
- National Childhood
Traumatic Stress Network



What have we learned?

- Trauma informed work is an integrated system process-creating a healing environment
- WV is truly an outlier regarding high ACES
- Workforce development and training needs to be trauma driven
- The earlier the intervention the better
- Appropriate assessment tied into treatment
- Poverty is an adverse childhood experience



Thank you!
Working together,
we can build
stronger families.