

# Community-Based Strategies for Preventing Opioid Abuse

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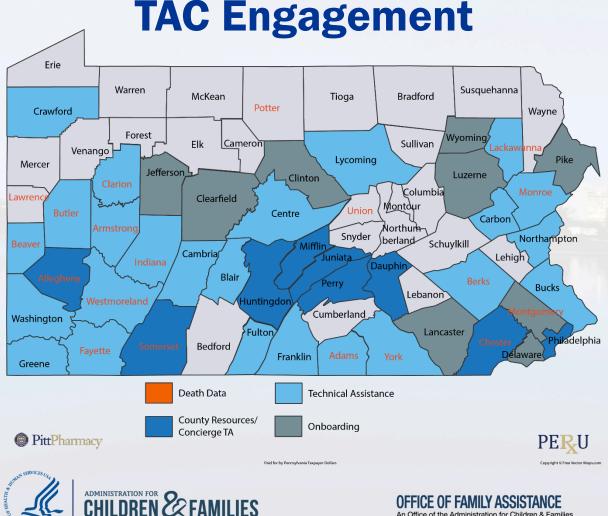
## PA Opioid Overdose Reduction Technical Assistance Center (TAC)

- Combine Public Health and Public Safety to form effective community-based interventional programs.<sup>1,2</sup>
- Multiple Initiatives:
  - Drug Removal Programs
  - Prescription and Dispensing Monitoring Practices
  - Naloxone Access
  - Medication Assisted Treatment Availability
  - Effective Community Coalitions and Readiness
  - Physician Education Regarding Prescribing Practices

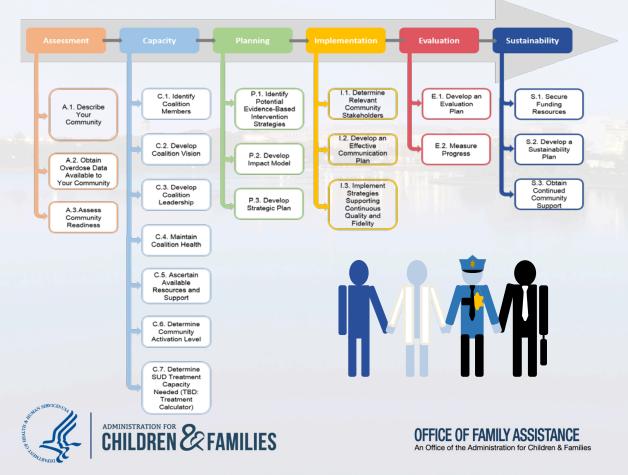




<sup>1</sup>Pentz, M. A., Cormack, C., Flay, B., Hansen, W. B., & Johnson, C. A. (1986). Balancing program and research integrity in community drug abuse prevention: Project STAR approach. Journal of School Health, 56(9), 389-393.ç <sup>2</sup>Albert, S., Brason, I. I., Fred, W., Sanford, C. K., Dasgupta, N., Graham, J., & Lovette, B. (2011). Project Lazarus: Community-based overdose prevention in rural North Carolina. Pain medicine, 12(s2), 577-585.



## Guiding Implementation for High Impact Collaboration



## **Essential Stakeholders**

- County Administrator/Single State Agency
- District Attorney
- Coroner/Medical Examiner
- Police/Law Enforcement
- Emergency Medical Services
- County Medical Society
- Hospital
- Recovery Support
- Jail/Criminal Justice System

- Academia
- Political Leaders
- Schools
- Religious Leaders
- Foundation Community
- Family Members
- County and State Government
- Primary Care Physicians
- Treatment Providers



## Translation of Data into Information and Strategy

#### Assessment

Define the problem

#### Capacity

Stakeholder alignment and community activation

#### Planning

Determination of what strategies will be most effective to eliminate the problem

#### Implementation/Evaluation

Quality improvement Overall success/failure of the program

#### Sustainability

Obtaining grant funding (moving to next phase/temporary) Building local, state, national support around the strategy Facilitating third party payment strategies

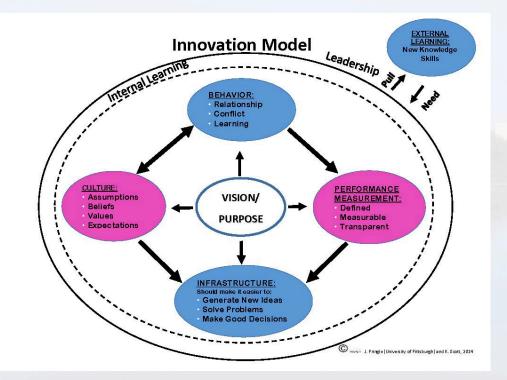




## **Multiple Initiatives with a Wide Breadth**



### **Process Driven Success**





## **Your Role and Available Resources**

- Initiate or Join a Local Overdose Coalition
- Educate about Substance Use, Misuse, Disorder
- Access and Disseminate Local Resources



## **Education**

- Potential Educators for TANF Staff
  - Local Drug Enforcement Administration (DEA)
  - University/Colleges
  - Local Drug and Alcohol Disorder Treatment Management Entities
- Free Online Trainings
  - <u>Understanding Drug Use and Addiction: What Science Says (NIDA)</u>
  - <u>Strategies for Change: Homelessness and Behavioral Health</u> (SAMHSA)
- Other Resources
  - <u>CDC Guidelines for Chronic Pain</u>: Patient Guides
  - Surgeon General's Report on Addiction, Drugs, and Health



### **Local Resources**

#### Opioid Removal

- Opioid Use Education
- Medication Take Back Boxes
- Drug Disposal Pouch
- Home-made Drug Deactivation Kits
- Increasing Access to Treatment
  - Hotline
  - Locate Available Warm Handoff Resources
  - Staff Education on Stigma
- Naloxone
  - Friends, family, persons at high risk trained on naloxone administration
  - Kits given to persons at high risk for overdose first, then friends and family



### **Thank You!**

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## **Online Resources: SAMHSA**

Substance Abuse and Mental Health Service Administration (SAMHSA)

- https://www.samhsa.gov/
- Behavioral Health Treatment Service Locator
- National Helpline
  - 1-800-662-HELP (4357)
  - 1-800-487-4889 (TTY)
- Opioid Treatment Program
  Directory
- Data and Statistics





#### **Online Resources: OverdoseFreePA**

- Relevant Reports
- Persons Using Opioids
- Persons in Recovery
- Health Professionals
- Friends and Families



https://www.overdosefreepa.pitt.edu/

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