

Incorporating Social Capital Supports for Families

September 19, 2016
3:15 p.m.—4:15 p.m.

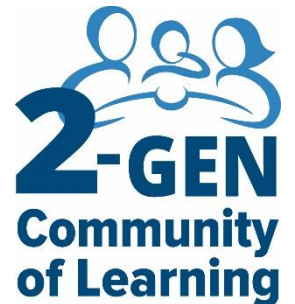
Speakers:

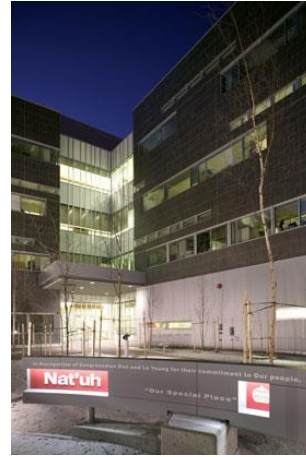
Renee Fredericks, Director, Youth Education and Employment Services, Cook Inlet Tribal Council

Gloria Perez, President and Chief Executive Officer, Jeremiah Program



ADMINISTRATION FOR
CHILDREN & FAMILIES





Cook Inlet Tribal Council, Inc.

2GEN in Tribal Communities

OFA Two-Gen Community of Learning and Convening
September 19-20, 2016



Renee Fredericks

Director of Youth Education and Employment Services

Cook Inlet Tribal Council (CITC)



- Tribal nonprofit organization
- Serving Alaska Native and American Indian people

Our Service Area



Our Services



- educational services
- employment and training service
- child and family services
- recovery and re-entry services

Our People



- common heritage, language and way of life
- multicultural families, speak English live in cities
- More diverse in how and where we live, how we look
- Linked by strong family connections, shared heritage, cultural values

Our Mission & Vision



Our Mission

To work in partnership with Our People to develop opportunities that fulfill Our endless potential.

Our Vision

We envision a future in which all Our People—especially Our youth, the stewards of our future—have access to vast opportunities, and have the ability, confidence, and courage to advance and achieve their goals, infused with an unshakeable belief in Our endless potential.

CITC 2Gen Approach

The Beginning

- **Common Intake** – participants meet with Intake to identify immediate needs and services available for the **whole family**
- **Early Head Start/ Child Care Partnership**
 - Train Tribal TANF Parents to earn CDAs to work in Child Care Center
- **Health Professions Opportunity Grant**– participants working on basic literacy skills will have access to **quality preschool** at the same location.

CITC Tribal TANF 2Gen

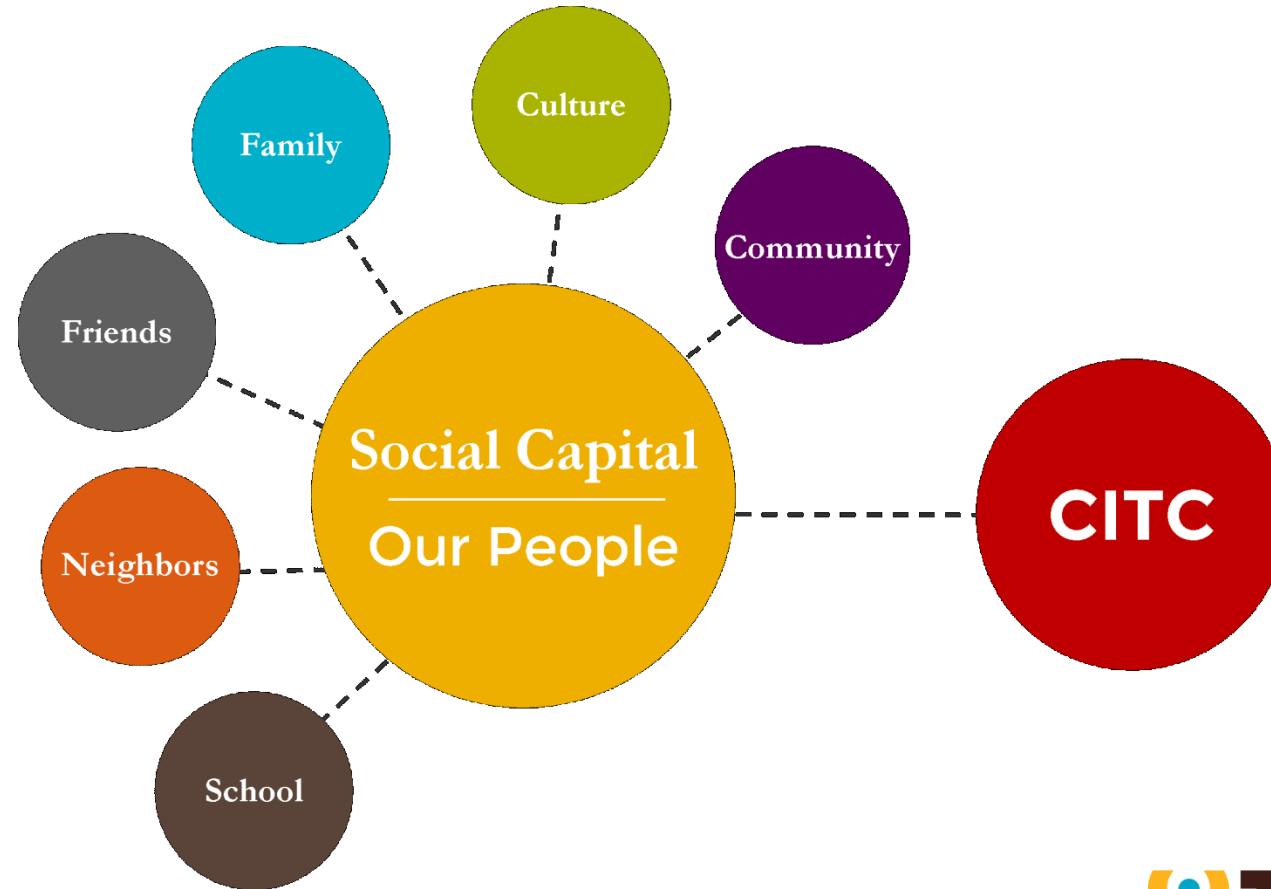
Temporary Assistance to Needy Families

- **Implementation Date**— July 2005
- **Population Served** - Average 500 families served per month
- **Service Model**—Serves the whole family
 - Intake Assessment, Job Coaches, Intensive Case Managers, Eligibility Technicians, Luqu Kenu
- **Youth Services**—
 - Youth Employment Program (YEP), Case Managers, Summer Camps, Prevention Events



Social Capital

CITC bridge to success



CITC 2Gen Challenges

Creating Solutions

Some of the challenges that CITC faces when trying to implement this approach:

- Restrictions on funding
- Lack of funding
- Disproportionate Statistics
- Tribal Voice



Creating Opportunities

The Future



- **Grant and Fundraising-** intentional about this approach in our grant applications and funding requests.
- **Community and Department/Program Partnerships-** Partnerships
- **Tribal Partnerships-** Tribes need partnerships across both Indian country and non-tribal.

Our Motivation

Why 2Gen is Important



- Increased self esteem and cultural identity
- Increased self sufficiency
- Increased health and stable families
- Increased equity and social justice

We invite you to learn more :
[***citci.org***](http://citci.org)



Quyana



The Transformational Power of Social Capital



JEREMIAH PROGRAM



INSPIRED
MOTIVATED
DEDICATED
EMPLOYED
STRONGER
EDUCATED
VALUABLE
CAPABLE
EMPOWERED
CONFIDENT



JEREMIAH PROGRAM



Creating a Supportive Community

- An intentional housing community brings people together
- Fully furnished, campus-style housing
- Strategically located for access to resources
- Secure, supportive environment with integrated services
- Residents pay no more than 30% of their income for rent



Stable Housing is only part of the equation



Jeremiah Program has three Campus Communities in operation; one pilot and one program in development (five total).

Innovating our model in Boston

- Leverages an education partner; the college provides environment for building relationships.
- Jeremiah has a “house” where families gather for Empowerment training, Life Skills classes, coaching and informal socializing.
- Children receive care at quality early childhood centers.



Jeremiah Sisterhood

- Relationships develop over time.
 - Empowerment cohorts.
 - Life Skills cohorts.
 - Resident Council meetings.
 - Informal Peer Support.
 - Life Skills coaching by staff.
 - Career mentoring by volunteers.



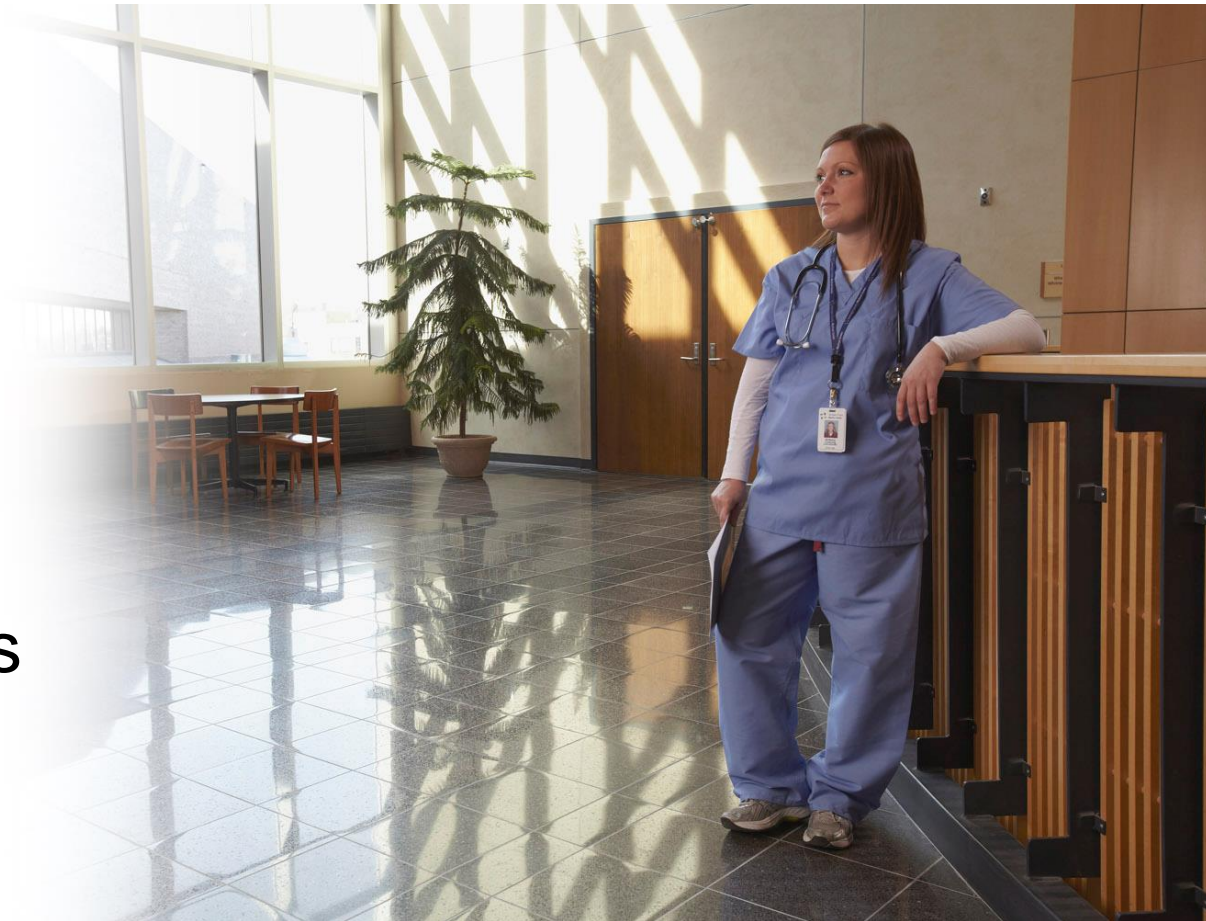
Transformation Secret- inside out!

Empowerment is at the core of the transformation for participants:

- Increases a persons capacity to control her/his state of mind.
- Moves from victimhood to self-responsibility.
- Increases our internal capability and enables us to function at peak capacity.
- Orients us to focus on accountability versus blame.
- Focuses us on the choices we have in every situation.

Life Skills Classes & Coaching

- Participants learn best practices to manage personal and professional situations.
- Each participant sets goals for her personal development and for her family.
- Coaches help develop action plans.
- Peers serve as accountability partners and inspire each other.



Family Profiles

- Living below poverty line.
- Dependent on public assistance.
- 60-70% of women are people of color.
- 80% of children are people of color.
- 60% of children have witnessed violence in the home.
- Mothers average 25 years of age.
- Children are under five upon admission & average age is three.



Changing two-generations at a time

- Bridging Capital- Decrease isolation and build capacity to manage multiple responsibilities and life challenges.
- Bonding Capital- Volunteers teach life skills curriculum focused on parenting and child development, health and wellness, financial literacy, career development and economic independence.



What Success Looks Like

- 82% of 2015 graduates are now employed and reported \$15.78/hour average earning- *increase of 67% from when they started Jeremiah.*
- 80% of alumnae from 2010–2014 live above federal poverty level.
- 100% of graduates say that the relationships they developed through Jeremiah Program were critical to their success.



What Success Looks Like

- 87% of children in Jeremiah's Child Development Centers are performing at or above age-appropriate developmental benchmarks.
- 76% of alumnae children from the past five years are performing at or above grade level.



Key to Building Social Capital

- ✓ Intentional Interactions- meaningful & fun
- ✓ Trust is earned- time & experience
- ✓ Change starts within- start with a focus on self
- ✓ Active Listening & Empathy starts at home
- ✓ “Bridging & Bonding” Capital are equally important

Thank You!

