Safe Town Domestic Violence Awareness Training

You are invited to participate in a dynamic training experience regarding Domestic Violence called <u>Safe Town</u>!

> When I hear something....I forget it. When I see something....I remember. When I do something....I understand. ---Chinese Proverb

"Safe Town" is a powerful experiential learning activity, a simulation designed to incorporate various modes of learning: visual, auditory and kinesthetic. It is intended to connect the head and heart of the participant so that a deeper level of insight and understanding of domestic violence is attained. Safe Town will allow each participant to have a uniquely individual experience, building opportunities for powerful discussion and reflection as we process the simulation individually and as a group.

The afternoon session includes coverage of a comprehensive Awareness Guide and discussion with local advocates. Discussions will include: Who are the Victims and the Batterers? What are the effects on the children? What can we say and do to help? Where are

the resources?

Experience Safe Town..... Where the future is Brighter!

"Safe Town" is presented by the State of Oklahoma, Department of Human Services in cooperation with the Okla. Coalition Against Domestic Violence and Sexual Assault

<u>"Safe Town" Domestic Violence Awareness Training</u> FSSD Training Section

8:30 am Welcome and Orientation to Safe Town Simulation

9:00 am Safe Town Simulation

10:00 am Small group processing, Introductions to families, Large group processing (Feelings, Aha moments, Strengths)

11:20 am Guest—Advocate, Personal Reflection

11:30 am Lunch

12:30 pm What is Domestic Violence? Who are the Victims? Why She Stays

1:40 pm Progression; Barriers to Leaving; Victims' Health and Substance Abuse; Domestic Violence and Gay Relationships; Domestic Violence and the Elderly

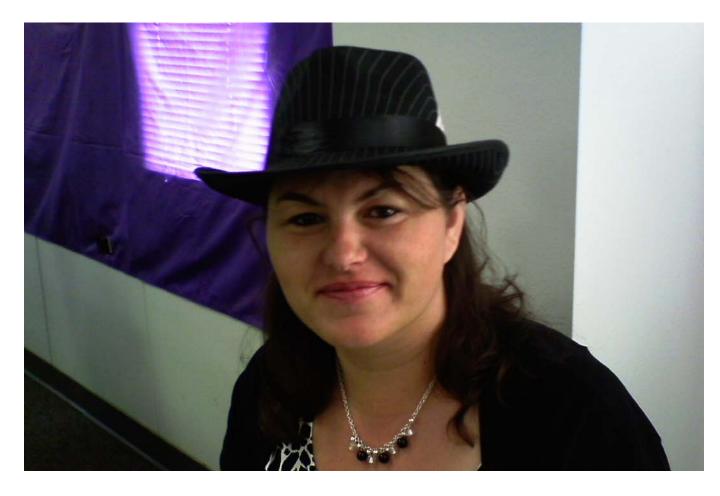
2:00 pm Teens and Domestic Violence; Effects on Children

2:15 pm Batterers and Lethality

2:27 pm What Can We Say and Do; Resources

3:10 pm Safety Planning

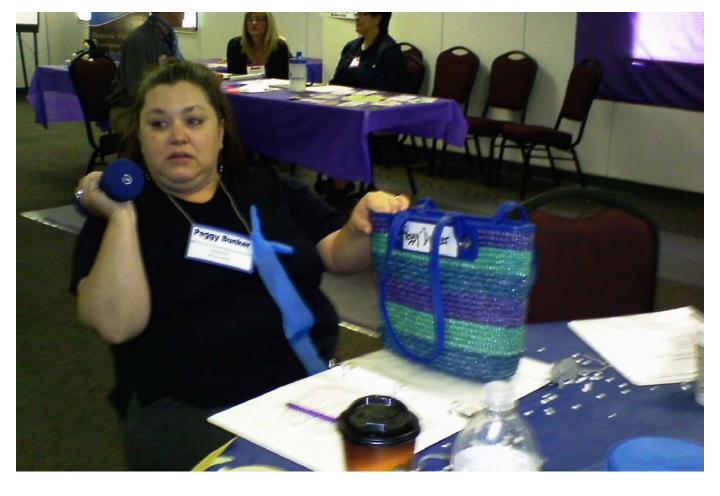
3:25 pm Video and Wrap Up



"Scoop O'Gossip"

Reporter for the <u>Daily</u> <u>Disappointment</u>





"Peggy Bunker"



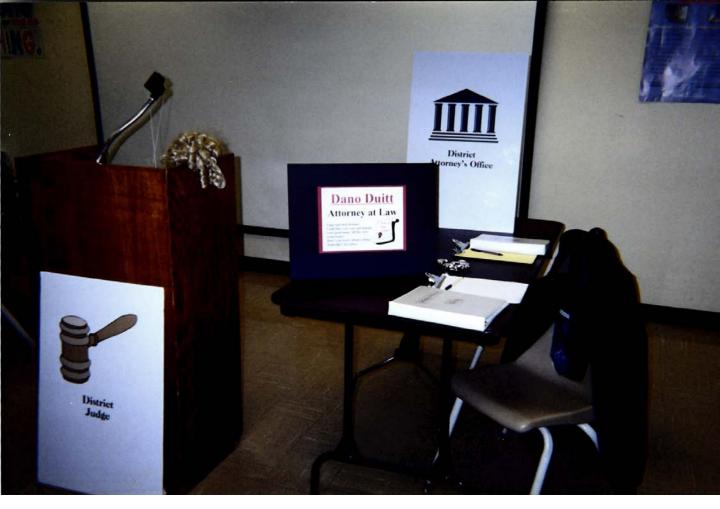
The Bunker House





Safe Town Mfg.





Court House





Safe Town Jail







Safe Town School

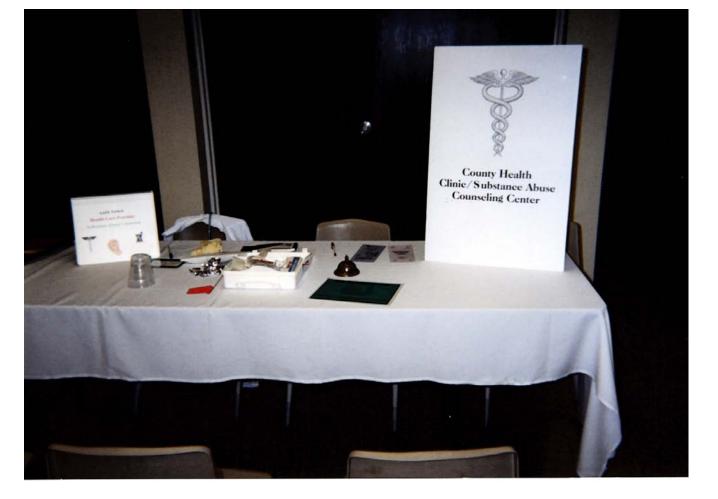




Faith Based Center



The McCoy House



Safe Town Health Clinic



Domestic Violence Shelter

VIOLENCE

POWER

AND

CONTROL

PHYSICH USING COERCION AND THREATS

Making and/or carrying out threats to do something to hurt her • threatening to leave her, to commit suicide, to report her to welfare • making her drop charges • making her do illegal things.

USING INTIMIDATION

Making her afraid by using looks, actions, gestures - smashing things + destroying her property - abusing pets + displaying weapons.

USING EMOTIONAL ABUSE

Putting her down • making her feel bad about herself • calling her names • making her think she's crazy • playing mind games • humiliating her • making her feel guilty.

SEXUAL

USING ECONOMIC ABUSE

Preventing her from getting or keeping a job • making her ask for money • giving her an allowance • taking her money • not letting her know about or have access to family income.

USING MALE PRIVILEGE

Treating her fike a servant • making all the big decisions • acting like the "master of the castle" • being the one to define men's and women's toles

PHYSICAL

USING CHILDREN

Making her feel guilty about the children • using the children to relay messages • using visitation to harass her • threatening to take the children away.

USING ISOLATION

Controlling what she does, who she sees and talks to, what she reads, where she goes • limiting her outside involvement • using jealousy to justify actions.

MINIMIZING, DENYING AND BLAMING

Making light of the abuse and not taking her concerns about it seriously • saying the abuse didn't happen • shifting responsibility for abusive behavior • saying she caused it.

VIOLENCE SEXUAL

Fairness

NON-VIOLENCE

Equality

Look for fair ways to solve problems. Accept change. Be willing to both give and take.

Shared Money

Make money decisions together. Make sure both of you share the good and bad of money and its problems.

Shared Work

Agree together on how to divide work fairly. Make family decisions as a team.

Good Parent

Share the job of being parents. Be a good, non-violent role model for your child.

Actions That Feel Safe

Talk and act so that she feels safe and at ease as she is talking and doing things.

Respect

0

Listen to her without judging. Be understanding. Value her ideas.

Trust and Support

Help her feel good about her goals in life. Respect her right to her own feelings, friends, activities, and ideas.

Honesty

Accept that you are responsible for yourself. Admit any violence in the past. Say you were wrong. Speak openly and speak the truth.

* Adapted from: Ellen Pence and Michael Paymar, Power and Control: Tactics of men Who Batter, Minnesota Program Development, Inc. Duluth, 1986

NON-VIOLENCE

Adapted by: Status of Women Council of NWT, From Dark to Light: Regaining a Caring Community

(1995)

Teen Power and Control Wheel

Violence

Peer Pressure

Threatening to expose someone's weakness or spread rumors . Telling malicious lies about an individual to peer group

Isolation/Exclusion

Physical

Controlling what another does, who he/she sees, and talks to, what he/she reads. where he/she goes . Limiting outside involvement • Using jealousy to justify actions

Sexual Coercion

Physical

Manipulating or making threats to get sex · Getting her pregnant · Threatening to take the children away · Getting someone drunk or drugged to have sex

Teen Power And Control Wheel

Threats Making and/or carrying out threats to do something to hurt another • Threatening to leave, to commit suicide, to report him/her to the police . Making him/her drop charges · Making him/her do illegal things

Anger/Emotional Abuse

Setuar Putting him/her down • Making him/her feel badly about him or herself . Name calling • Making him/her think he/she's crazy • Playing mind games

- Humiliating him/her
- Making him/her feel guilty

Using Social Status

Treating her like a servant Making all the decisions • Acting like the "master of the castle" · Being the one to define men's and women's roles

Intimidation

Making someone afraid by using looks, actions, gestures • Smashing things Destroying property • Abusing

pets • Displaying weapons

Minimize/ Deny/Blame

Violence

Making light of the abuse and not taking concerns about it seriously . Saying the abuse didn't happen • Shifting responsibility for abusive behavior.Saving he/she caused it

Sexua

Courtesy of Domestic Abuse Intervention Project in Duluth, Minnesota







Build Rapport Offer Options Be Non-Judgmental Make Good Referrals Be part of a Coordinated

Community Responsel



Oklahoma Safe Line 1-800-522-SAFE

