



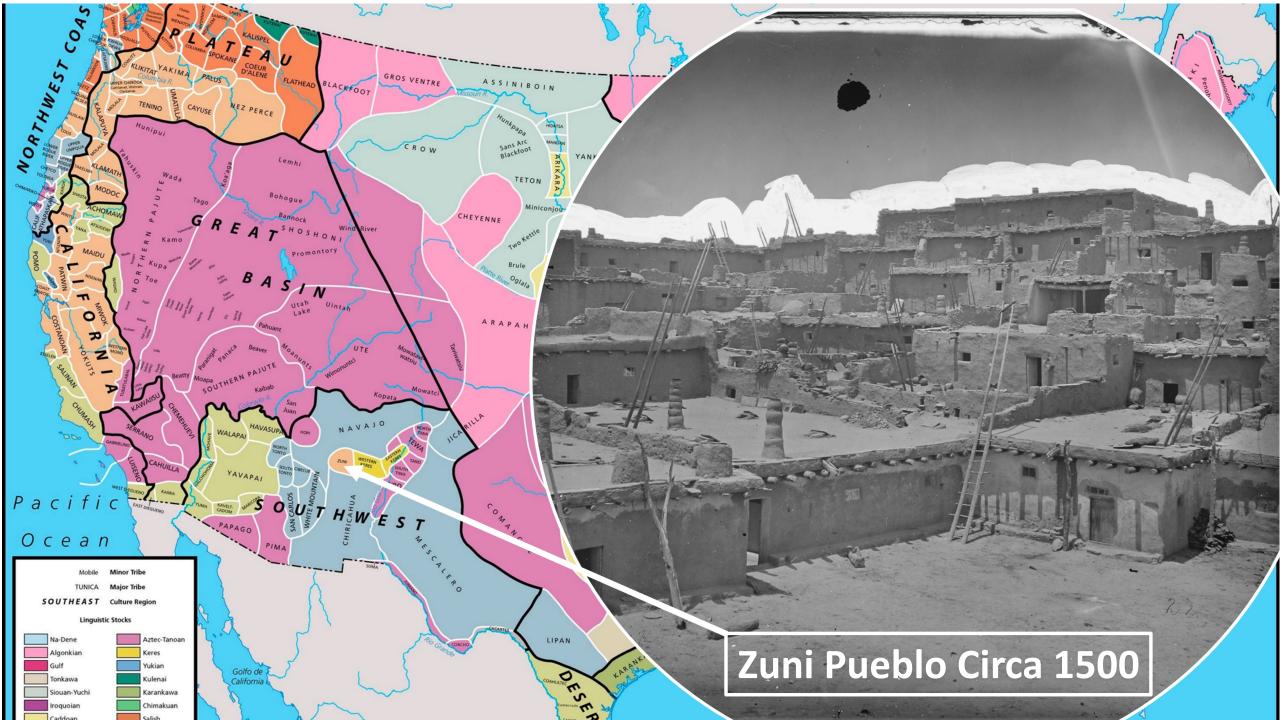


Building Resilience and Connection to Traditions for Zuni Youth:

2022 Regions IX-X Tribal TANF Virtual Meeting - Engaging Youth Peer to Peer Session

Jessica Quinlan, MPH, RD
Zuni Youth Enrichment Project (ZYEP) Food Sovereignty Coordinator

WWW.ZYEP.ORG







OUR COMMUNITY IS OUR STRENGTH. WE ARE ZUNI.



Engaging Youth

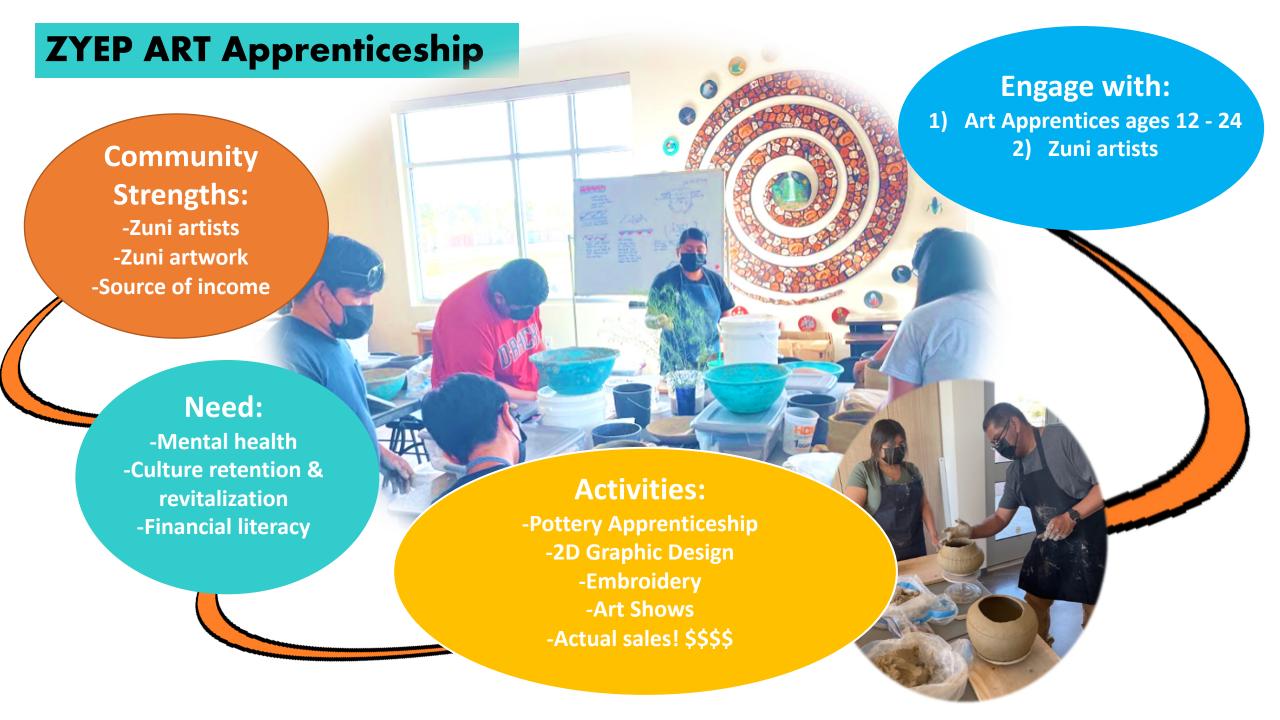
What/who is a "community strength"?

What activities would link youth to those community strengths?

Bonus: do these activities address a need in the community?

Host activity & Engage:
1)Youth Participants
2) Young Adult
Mentors/Leaders
3) Entire families





Farming/Gardening

Community Strengths:

-Agriculture is the center of Zuni religion and culture

-Legacy of Zuni farming

-Traditional waffle gardens (hek'ko:we)

Need:

- -Culture retention & revitalization
- -Fresh food access
- -Health promotion

Engage with:

- 1) Young Zuni farmers
- 2) Families & elders
- 3) Ag Support Team/Food Sovereignty Interns

Activities:

-Community gardens
-Family Garden & Rain Harvest
Initiative
-Ag Support Team

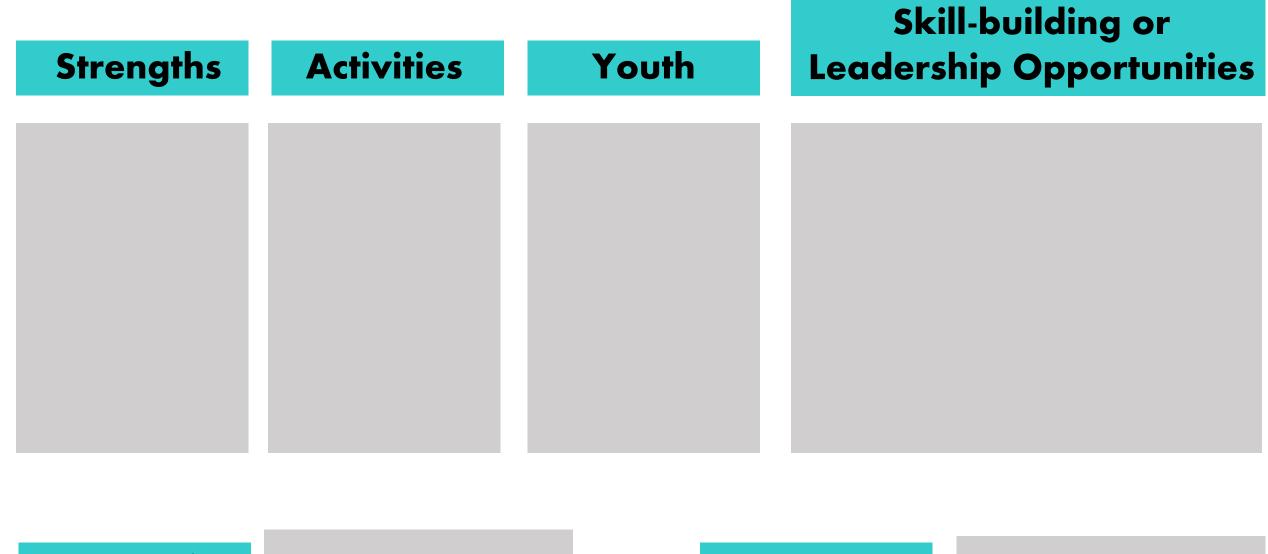


What/who is a "community strength"?

What activities would link youth to those community strengths?

Bonus: do these activities address a need in the community?

Host activity & Engage:
1)Youth Participants
2) Young Adult
Mentors/Leaders
3) Entire families



Community
Needs Met

Resources Needed