



QUILEUTE YOUTH AND FAMILY INTERVENTION PROGRAM

Region X Tribal TANF Conference
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Staff



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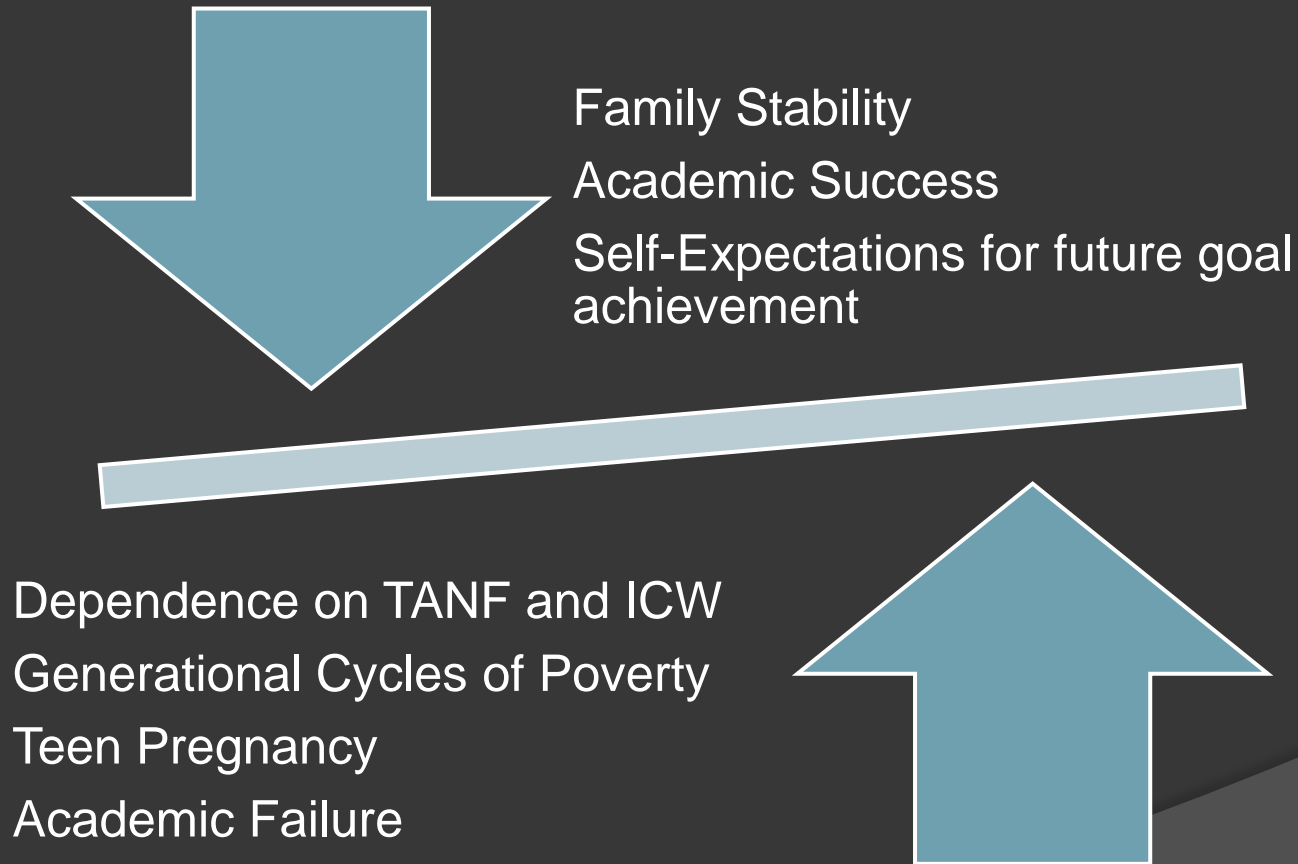
Program VISION:

We envision a community with:

- *a **low teen pregnancy rate** where youth who have good decision-making skills are actively engaged in their culture, educational success, and career planning.*
- *a **high capacity for effective parenting**, where destructive multigenerational cycles are understood and where parent-child relationships are strong.*



Overall Goals



Program Goals

1.

To broaden perspectives of youth through exposure to occupations, leadership training, and diverse cultures



2.

To develop in youth the skills to recognize unhealthy life choices, and provide the tools and knowledge for healthy decision-making.



3.

To build parenting skills and better parent/child relationships



4.

To increase the amount of time families engage in family activities which promote healthy living and positive parent-child communication

From Goals to Program Activities...

Broaden
Perspectives of
Youth

- Off-site Youth Trips

Develop Youth
Decision-Making
Skills

- Boys and Girls Groups

Build Parenting
Skills

- Parenting Groups

Increase Family
Engagement

- Family Fun Night



Youth Trips

- ◎ Off Reservation Trips
 - Muckleshoot Indian College– Muckleshoot Reservation
 - Basket Weaving Conference– Quinault
 - Northwest Indian College-- Lummi Reservation
 - University of Washington– Seattle
 - Gray's Harbor Community College– Aberdeen
 - Peninsula College, Port Angeles
 - Bates Technical College– Tacoma
 - Central Washington University, Heritage College and Prevention Summit
 - Occupational Exploration: Hair Studio and Aglazing Art Studio- Port Angeles
 - Olympic College- Bremerton
 - Northwest School of Wooden Boatbuilding- Port Hadlock





Summary of Preliminary Evaluation Findings (Youth Trips)

- Improvement of fidelity of trips over life of the program.
- Reduction in neutral or negative comments after first three trips.
- Shift in focus over the life of the program from fun to meaningful.
- As the program developed, there was more careful discernment of the impact of certain experiences: prevention summit—expansion of world view; college trips—acquiring information and self-efficacy.
- Length of the travel reports improved drastically—from three words to three pages.
- Empowerment, Modeling, and Higher Self-Expectations are new themes which emerged in the data from the last three trips.





New and Expecting Mom's Luncheon

- To reach women who were or are teen moms and are pregnant or have a child under 5 years old. **
 - **Third purpose of TANF – Prevent and reduce the incidence of out-of-wedlock pregnancies

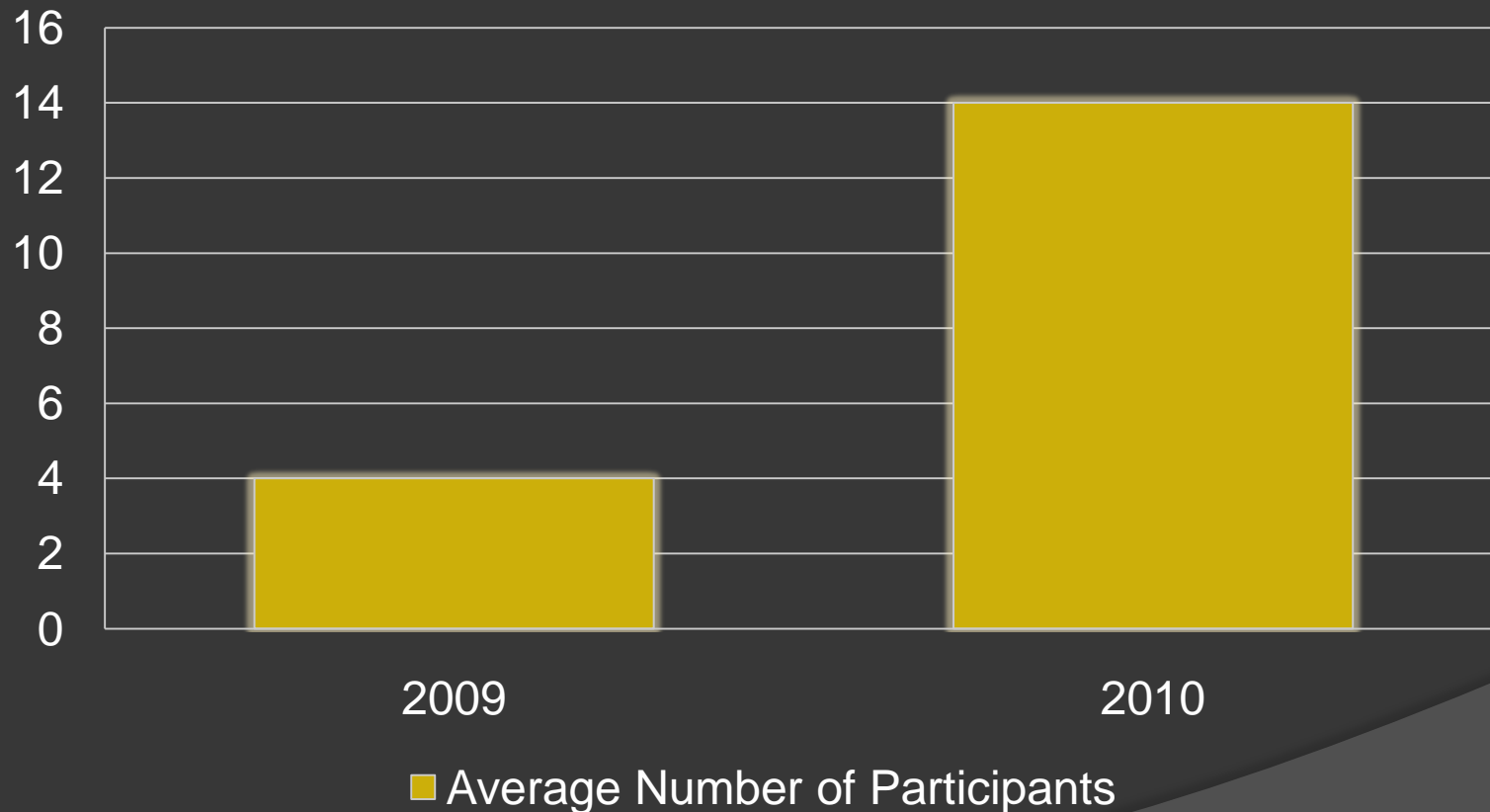
The Format:



- By utilizing a combination of Youth and Family Intervention Program and TANF funds we are holding hour-long lunch events for local teen moms.
- The speaker presents on a topic offering helpful information, facts, and answers questions related to their field of expertise.
- The lunch offered is a glimpse of healthy *and* tasty food.
- Each of the moms takes home a gift package relating to the topic of the day.

Participation in Mom's Groups: 2009 to 2010

Average Number of Participants Per Session







Success Factors

96% Positive
Consumer
Satisfaction
(They liked it!)

Good
Speakers

Relevant
Topics

Excellent
Facilitation

Quality
Curriculum
or Materials

Positive
Interactions
Between
Participants



Family Activities (Family Fun Night)

- Only 28.6% (post-test) hold family meetings, though most of the participants have children under 18 living in the home. We hope for future improvements.
- Most families are quite engaged together, with over 50% of the participants engaging in half of the activities listed.
- Results for pre- post- changes in level of activity are inconclusive (increased percentages in 7 activities; decreased percentages in 10 activities); changes could be due to economic factors, time of year of testing, instrumentation factors, retrospective nature of questions, or improvements in the quality of the data collection procedures.
- Work on sustainability—how do we help families sustain healthy family functioning?





About the
future...

