

MENTAL HEALTH & CASE MANAGEMENT

SOBOBA TRIBAL TANF PROGRAM

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HISTORY

- Mental health has always been a part of our case management processes since the inception of the program
- Ongoing
- Aids the program in identifying the best path for a participant's self-sufficiency
- Breaks down barriers (known & unknown)

CASE MANAGEMENT PROCESSES

- After official approval, participants are referred for:
- 1. Mental health counseling Assessment
 - On-site at or TANF offices, at home or at our Practitioners office
 - Pandemic → Telehealth Appointments
- 2. Vocational/Career Assessment

BENEFITS TO CLIENTS

- Entered on participants work plan
- Earn Work participation hours
- Attend at least 1 session
- Helps identify barriers
- Foundation for future case management (referrals)
- Increased Privacy

MENTAL HEALTH AWARENESS

- Wake up call
- Aids in personal growth & development
- Promotes family formation & unity
- Helps build positive:
 - Self esteem
 - Family relationships
 - Taking care of one's mental health

PROGRAM STANDPOINT

- Contract with a professional
- Offer it through our program at all sites
- Helps build trust between program staff and clients
- Holistic Approach
- Creates a bridge between a participant's mental health and their self-sufficiency pathway
- Identification of barriers

QUESTIONS?

