JOBS PLUS PROGRAM

- Paid work time
- ➤ Paid training time
- Earned Income Credit
- Personal Educational Fund
- ➤ Gain Experience
- ➤ Leads to permanent positions
- Learn new skills

FAMILY SUPPORT & CONNECTIONS

- ➤ Help in finding out what is available in your community
- Assistance in helping your child be successful in school
- Referrals for help with food or clothing
- ➤ Information and referrals for family health needs
- One on one in overcoming challenges and strengthening your family

ASSISTANCE IN APPLYING FOR SOCIAL SECURITY

- ➤ Help in Completing paperwork
- ➤ Meeting with Disability liaison
- Help in obtaining medical records
- Assistance with medical or mental health appointments
- Assistance with SSI hearings process

SHORT TERM TRAINING

- CNA Classes
- Flagger Classes
- Computer Classes
- One Year Certificate Courses

Helping you reach your goals

JOBS Program

HELP WITH OTHER SERVICES

- ☐ Information on rental assistance programs
- ☐ Assistance in finding child care
- ☐ Referral to Head Start
- ☐ Referrals to Section 8
- ☐ Referrals to CAPECO for heating or housing assistance

Pendleton Case Managers

☐ Katie Cole 966-0893



Dept of Human Services

700 SE Emigrant Ste 120 Pendleton, OR 97801

Blue Mt Community College 408 SE 7th Pendleton, OR 97801



Menu of Services

DHS – Self-Sufficiency (541) 276-9000

Blue Mt Community College (541) 276-9050 Ext 226, 229

REACHING YOUR GOALS

Welcome to the Pendleton JOBS Program. Below are some examples of services for you to choose from to help you achieve your goals while in our program.

JOB SEARCH ASSISTANCE

- Referrals to current jobs
- Assistance in writing resumes
- ➤ Learn new Interviewing skills
- Assistance in completing job applications
- Learn effective job searching techniques
- Improving skills to find and compete for jobs
- Search for jobs independently in the local community
- Discuss job opportunities with others in a group setting

Date: Every Tues & Thurs **Time:** 8:30 AM - 10:30 AM (2 hours class time and up to 10 job searches per week)

WORK EXPERIENCE

- On-the-job training
- Develop good work habits
- ➤ Gain work experience
- > Training to obtain employment
- ➤ Getting your foot in the door work at sites such as:
 - Head Start
 - Public Schools
 - Local business

- Salvation Army
- Community Centers
- You choose a site that can work for you.

LIFE SKILLS CLASSES

- ➤ Develop good workplace habits
- > Improve communication skills
- Understand how to keep a job
- Learn new ways to budget your money
- Tips on how to successfully dress for job interview or job searches
- ➤ Gain self-esteem
- Meet new people that could help you reach your goals

Date: Every Tuesday

Time: 1:15 PM – 3:30 PM

GED CLASSES

- Anyone needing to finish high school
- Tutors can be arranged for those who need it
- Class time for each subject (math, reading, writing etc.)
- Pre-testing
- Assistance in paying for classes and tests
- > Open computer labs

Must attend BMCC Orientation at the Employment Department 276-9050 ext 226 or 229 then register for classes.

DOMESTIC VIOLENCE SERVICES

- > Free Counseling
- Assistance in obtaining protection orders
- > Safe shelter
- Help accessing other community services
- Clothing
- Assistance in completing Rental agreements
- Support groups Every Monday6:00 PM (Child Care provided)

Phone: 276-3322 Crisis Line: 1-800-833-1161

MENTAL HEALTH TREATMENT

- > Free screening and evaluation
- Referrals to treatment
- One on one counseling sessions
- Medication Management
- Support groups
- Crisis Intervention

Contact Lifeways for appointment Phone: 276-6207

ALCOHOL & DRUG SERVICES

- Free screening
- > Outpatient treatment
- > Inpatient treatment
- Support groups
- > Education regarding addiction
- ➤ Individual counseling
- Sponsors

Contact Umatilla County A & D Phone: 278-6331