



SESSION 1

# COACHING SUPERVISION: It Begins with YOU!

Integrating Innovative Employment & Economic Stability Strategies into TANF Programs









### **PRESENTERS**

### Stephanie Brueck-Cassoli, LCSW

Director of Curriculum & Instruction EMPath – Economic Mobility Pathways

#### Samantha Wulfsohn, Ph.D.

Senior Associate

MDRC | Families & Children Policy Area



## **INTRODUCTIONS**





#### **WEBINAR GOALS**

- Build the learning community of supervisors responsible for supporting coaching
- Provide supervisors with a place to consider and discuss their role as change agents
- Learn about supervision approaches supportive of the coaching process
- Begin building a toolkit to support coaching



## **AGENDA SESSION 1**

The supervisor as change agent

Supervision in coaching

Next Steps



## LEADERSHIP STYLES

















## Relationships

























**Sharing Goals** 









## Persuasion







## WHAT IS YOUR TYPICAL LEADERSHIP STYLE?



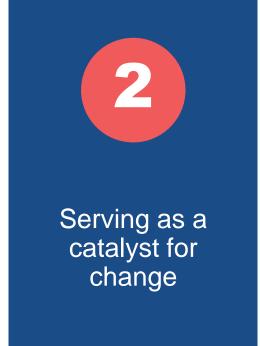
















Serving as a catalyst for change

Creating a climate that supports coaching





2

Serving as a catalyst for change

3

Creating a climate that supports coaching

4

Motivating and supporting staff



## **LEADERSHIP FOR CHANGE**



Reflect



## BALANCING ORGANIZATIONAL AND STAFF NEEDS

### Think about how to link individual and organizational change!



Need to get things done and meet the goals of the system ....



while also respecting staff rights to autonomy and individual expression

## **GROUP BRAINSTORM**

Organizational Goals	Staff Needs





## SUPERVISION IN COACHING



## HOW DO YOU DEFINE SUPERVISION?

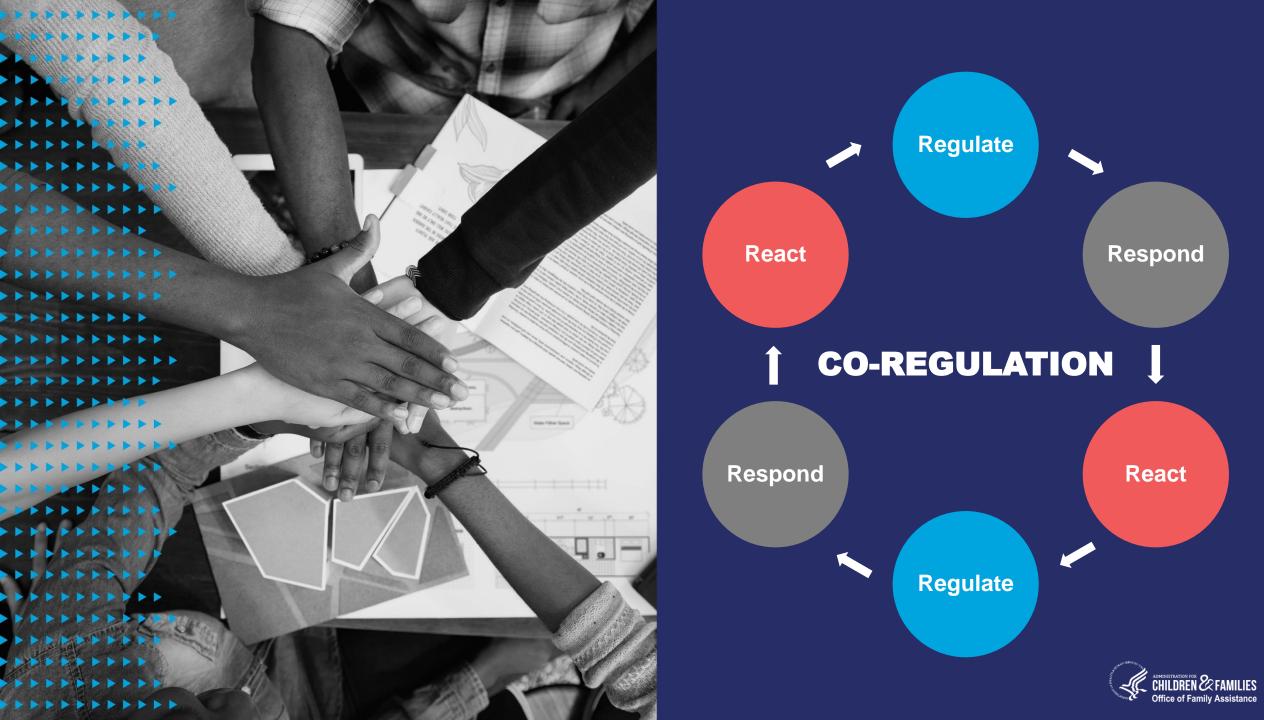




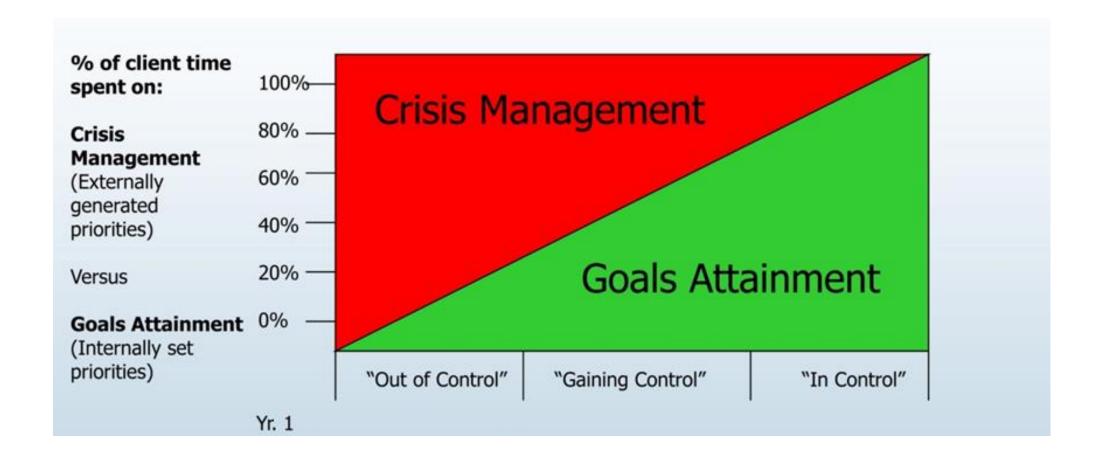
**Supervision** is a place where both parties are constantly learning, and to stay a good supervisor is to return regularly to question, not only the work of the supervisees, but also what you yourself do as a supervisor and how you do it."

Hawken & Shohet (2012)





#### THE GREEN EDGE OF THE WEDGE







## **BUILDING TRUSTING RELATIONSHIPS**

What does it look like in direct service staff?

What does it look like in a supervisory relationship?



### **BUILDING TRUSTING RELATIONSHIPS**

### What does it look like in direct service staff?

- Believing in participants, and helping them to see a brighter future for themselves.
- Understanding a participant's deeply-help values, their long-term goals, and their motivations.
- Tying these into program goals.
- Creating momentum by highlighting the positive.



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- Tying these into program goals.
- Creating momentum by highlighting the positive.

- Believing in staff, and helping them to see their own future.
- Understanding staff's own values, goals, and motivations, and tying these into program/organizational goals.
- Always highlighting the positive: "glimmers".



### **SELF-ASSESSMENT & GOAL SETTING**

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- Reflecting on the self assessment to elicit goal talk
- Making sure the goals come from the participant (but are aligned with program goals)



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- Reflecting on the self assessment to elicit goal talk
- Making sure the goals come from the participant (but are aligned with program goals)

- Engaging staff in self assessment: what are their strengths, and how would they like to grow?
- Engaging them in goal setting—both shortterm and longer term—so that they can feel they are working toward something.

### **ACCOUNTABILITY & FOLLOW-UP**

What does it look like in direct service staff?



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- Providing a summary of meetings.
- Checking in on action steps for goals or meaningful events.



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- Following through on actions with participants.
- Providing a summary of meetings.
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- Providing consistent time and space for supervision.
- Following through on actions discussed.
- Revisiting work plans and individual goals of staff on an ongoing basis.



## PROBLEM SOLVING: STRATEGIZING & PROVIDING EXPERTISE

What does it look like in direct service staff?



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- Eliciting participant's own knowledge by asking about past experiences.
- Offering expertise only when participant asks for it or consents to it.



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- Offering expertise only when participant asks for it or consents to it.

- Helping staff to explore options and alternatives.
- Eliciting staff's own knowledge by asking about past experiences.
- Offering expertise only after exploring options with staff.



### **GOALS ORIENTATION**

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## What does it look like in direct service staff?

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- Responding, not reacting, to crises.
- Redirecting participants back to goals when crisis arises.



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### What does it look like in direct service staff?

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- Helping staff to stay focused on the big picture.
- Responding, not reacting, to crises.
- Redirecting staff back to their work and goals when crisis arises.

### MY NEXT STEPS

My Goal Worksheet		Work	
NAME	DATE		
What I want to achieve:			
Action Steps	Date P	owwill I know it's done?	will follow up or help?
Is there anything that could get in the way of achieving this goal?		ill I do if this happens?	
ching Supervision - It Begins with YOU! Goals Worksheet ICHING FOR SUCCESS SERIES   2018 - 02		SIGNA	ITURE



### FOR MORE INFORMATION

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# QUESTIONS OR COMMENTS?



