# Native American Fatherhood & Families Association

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Child Welfare Coordination Grantee
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Many programs focus on the needs of women & children.

Little attention is paid to the unique needs of men as they struggle to become valuable family participants

Today, Native American men are often viewed as the cause of many family and social problems.

NAFFA takes the position that fathers are:

- \* The solution to address problems
- \* The greatest untapped resource available to communities
- \* Fathers must take the lead in keeping families together

### Family

- Family is at the heart of Native American culture
- There is no other work more important than fatherhood and motherhood

Our greatest happiness & greatest sorrows come from our relationships with our family

#### Cultural Model

- 1. Truly love the people whom you serve
- 2. Love what you bring to the people

This is essential in strengthening the desire for positive change

#### How is real change achieved?

- Real and lasting change must come from within
- Outside pressure rarely brings lasting change
   Example: Knowledge, Preaching, Intimidation
- Change comes by filling life with:

Hope, gratitude, & confidence has powerful affect on changing attitude and behavior

There is no better way

#### Our Method Is

- Uplifting: one's spirit, attitude, self-image, self-worth, feeling welcome, wanted, needed and special
- Encouraging: strengthening hope, bring new hope, inspire a desire for change,
   confidence and trust in self and others

- Assisting: with recognizing opportunities, identifying resources, improving life skills and problem solving abilities
- *Teaching:* principles, responsibilities toward family, fatherhood, motherhood, marriage, and self-control

#### NAFFA's Position in Serving

Majority of people are not sick or ill!

- They have been:
  - Misled
  - Misguided
  - Misdirected
  - Misinformed
- Learned a lot of **bad habits**.
- Not right or wrong; good or bad; HAVE BEEN FOOLED.

#### **Bringing Positive Change**

#### We must be

- Forward thinking
- Forward looking
- Forward moving people

To honor the past, we must improve upon the present.

This is accomplished through strong fathers and mothers who are devoted to their families.

#### **Common Vision**

- Over 600 tribes in United States
- On and off reservations
- Wide age span, part native
- Diverse family dynamics (stepchildren, adoption, single parent, etc.)

#### NAFFA's Vision

Native American fathers and mothers as models of healthy parenting for happy and safe families everywhere.



## Vision: Seeing a Meaningful Future and Working Towards It

- Brings meaning and direction to life.
- Determines what is meaningful.
- Develop self-control and positive attitudes.
- Ability to focus on shaping your future.
- Fosters strong leadership.

Vision without action is a daydream.

Action without vision is a nightmare.

-Japanese proverb~

#### THE PURPOSE OF LIFE:

to

#### HAVE A HAPPY and SAFE FAMILY

#### Leadership

Every institution must have a leader.

The family is no different.

#### Fatherhood is Leadership— The most important kind of leadership.

 Leadership does not mean that the father is the boss, in charge, or is more important

 Fathers, lead your families with love, kindness, and gratitude

Parenting is a full and equal partnership

## If fatherhood is leadership & the purpose of life is to have happy & safe families:

■ It is the father's responsibility is to bring happiness & safety to his family.

 A good starting point is to bring happiness and safety to his wife.

## Sacredness is a deep traditional value of Native people

- Native people generally accept symbols of nature to be sacred i.e.
- Mountains, canyons, rivers, burial grounds, animals, etc.
- As well as some items and some traditional ceremonies

#### Fatherhood is Sacred

&

Motherhood is Sacred

#### **Hitting The Mark**

- Matthew Emmons
  - Athens 2004
     Summer Olympics
  - Lost the Gold Medal
  - Hit Wrong Target



We have missed the target by not identifying
 & teaching that Fatherhood & Motherhood
 are Sacred.

 Fatherhood & Motherhood are two of the most sacred things on earth.

# NAFFA has found when individuals understands their role as father or mother is sacred, they:

- Become easier to work with
- Are self-motivated to improve and change their lives
- Involve themselves in the lives of their families and communities
- Develop a stronger commitment to becoming a blessing to their families, not a burden

#### Native people come from a greatness.

Great heritage, great history, great cultures, great people!

Understand, if we came from greatness we must return back to greatness.

#### Goodness comes before greatness

- Must allow goodness into your life, why?
- Cannot give something you do not have.
- If goodness is not present you cannot share it or give it.
- Must Stand on your own individual GOODNESS.

#### Native American Men Make Great Husbands, Fathers, & Leaders

Native American Women Make Great Wives, Mothers, & Leaders

Gratitude is the beginning of Greatness

#### **Character & Integrity**

- Character—keeping your promises
  - Broken promises bring broken hearts, broken friendships and broken homes
- Integrity—being consistent, reliable, dependable, and even predictable

People love and have confidence in people who have character and integrity

#### Order

Even the universe must have order to function properly.

- Rules bring order to our lives
- Rules must be:
  - Clear
  - Fair
  - Consistent

If rules are not clear, fair, and consistent, they are basically useless

#### Without Order, there is Chaos.

- Chaos: confusion & disorder
  - Loss of freedom
  - Can be individual, family or community
  - Willful rebellion & disobedience
  - Gossip, rumors & lies
  - Keeping secrets, isolation, resentment, fear
  - Blame and criticize others, may say "that's life; that's normal" Not True, Not Normal!

Life is a process of solving problems, when you stop solving problems you become the problem

#### **Foundational Principals**

- Rule or code of conduct to guide your life
  - Good and true principals
    - Never change
    - Apply to all our needs
    - Gives us confidence to deal with life's problems

"When a man values his privileges more than his principals, he soon loses both."

~ Dwight D. Eisenhower~

#### Stability: The ability to change

■ Attitude – The power of one

There is nothing that will have greater impact on your happiness than your attitude, not your age, your looks, your education, your wealth, or even your culture.

Gratitude - A grateful man is a smart man

# Fatherhood/Motherhood Is Sacred is about people first, then principles, and finally the program

#### MAKE YOUR PLANS FOR

2<sup>nd</sup> Annual National Native American Responsible Fatherhood Day June 14, 2014

Mark your calenders For next years celebration



#### **Upcoming Conference**

#### **SAVE THE DATE**

10th Annual National Native American "Fatherhood Is Leadership" Conference:

November 4-6, 2013 Marriott Hotel Mesa, AZ



For a schedule of additional events visit our website: <a href="https://www.nativeamericanfathers.org">www.nativeamericanfathers.org</a>

OR FOR MORE INFORMATION ON OUR PROGRAMS

Please call 480-833-5007

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