### Family Employment Program (FEP) Redesign Study of Utah 2012-2014

Mary Beth Vogel-Ferguson, CSW, Ph.D. Social Research Institute University of Utah



### Study methods



#### **Inclusion criteria:**

- 1) New on cash assistance (2 9 months)
- 2) FEP customer type requiring participation
- 3) Open cash assistance case

#### **Data Collection**

- In-home, in-person interviews (Avg. 70 min.)
- Voluntary participation time and place
- Quantitative and qualitative components

## FEP Study Sample

#### **FEP Redesign Study**

	Sample size	Response rate
2012 - Wave 1	1075	65.5%
2013 - Wave 2	862	80.2%
2014 - Wave 3	762	88.1%

## Welfare Entry

#### Primary reason for needing cash assistance:

Change in customer's income

43%

- Lost job
- Physically/mentally unable to work
- Maternity leave
- Change in partner's income

23%

23%

8%

- Spouse/partner lost job
- Separation from Spouse/partner
- Change in parent/family support
- Change in other gov't benefit/resource



That very first time when you applied for cash assistance, how would you describe your feelings?

Embarrassing/guilty/bad:	62%
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Desperate/scared/overwhelmed: 30.5%

OK/I paid into it/It's here to help: 15%

Like a bad parent/Lower self-esteem: 12%

Grateful, relieved, hopeful: 8%

### Comments:



"I was humiliated because I have never had to do it before in my life. Before my accident I was always independent and took care of myself and family."

### Comments:



- "In despair I grew up thinking that people on welfare were less, my family looked down on people on welfare; Ashamed – I felt judged by my family."
- "I just couldn't believe it, I came from a good family, but through my mistakes I ended up needing it. I felt like there was something wrong with me, like a welfare mom."

# Welfare Profile



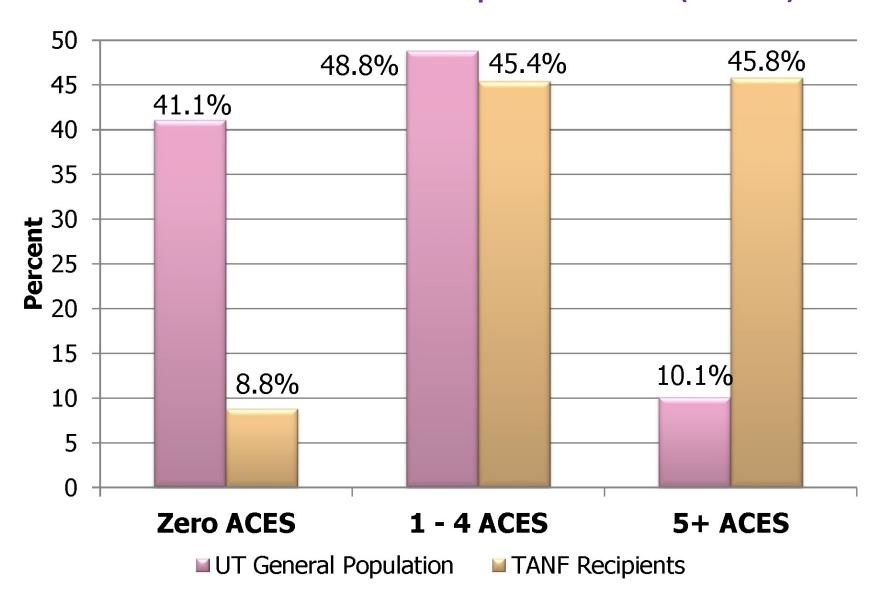
- Policy based on those who are:
  - Young (late teens, early 20's)
  - Single never married
  - Limited work and education history

Respondents fitting criteria: 11%

### Cash Assistance Usage over Time

Cash assistance usage level	Between Wave 1 and Wave 2 (N = 828)	Between Wave 2 and Wave 3 (N = 717)
Long term > 6 months	265 (32.0 %)	74 (10.3%)
Short term ≤ 6 months	563 (68.0%)	643 (89.7%)
Zero months of cash	113 (13.6%)	532 (74.2%)

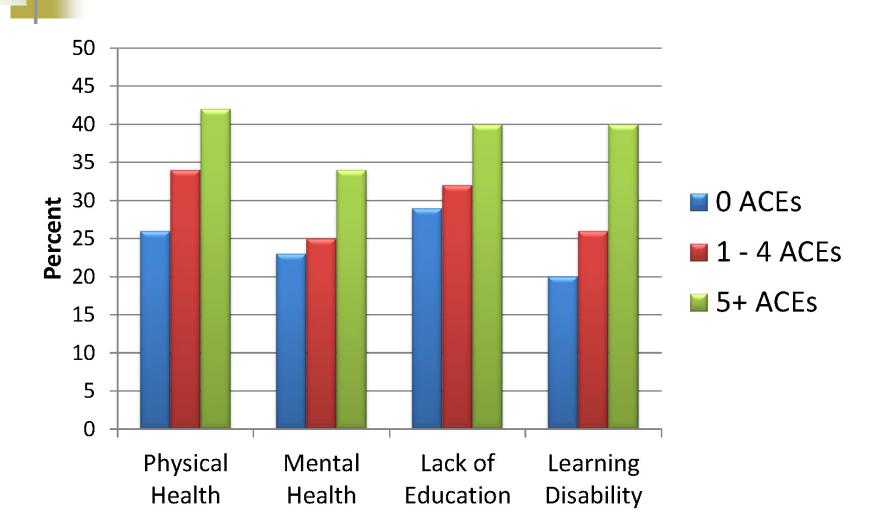
### Adverse Childhood Experiences (ACEs)



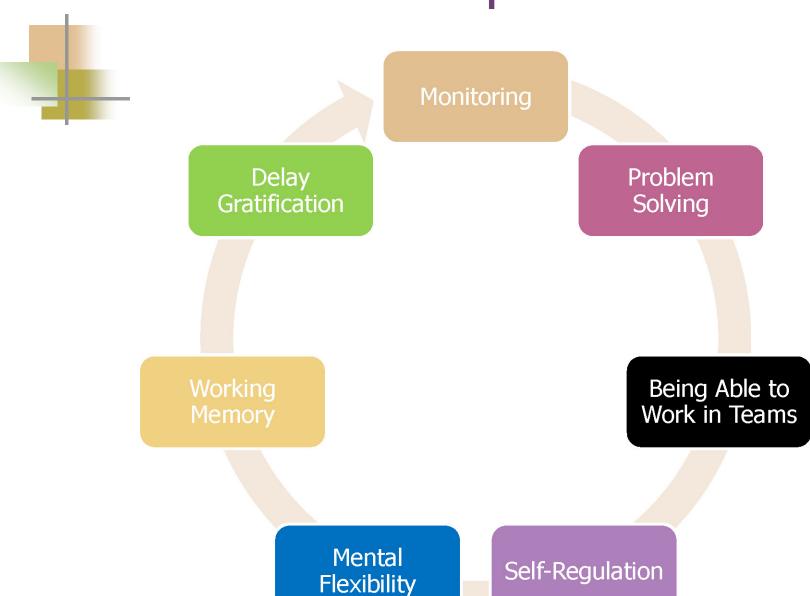
## Searching for Missing Pieces

What is the relationship between an FEP recipient's adverse childhood experiences (ACEs) and the challenges they face in adulthood relative to achieving self-sufficiency?

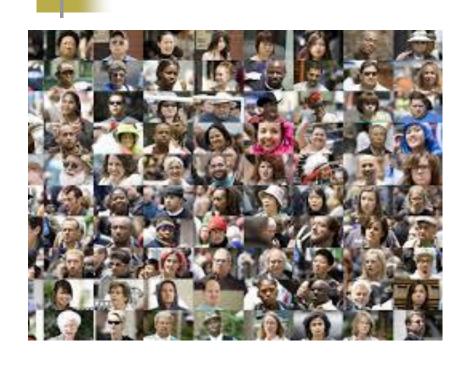




## **Build Adult Capacities**



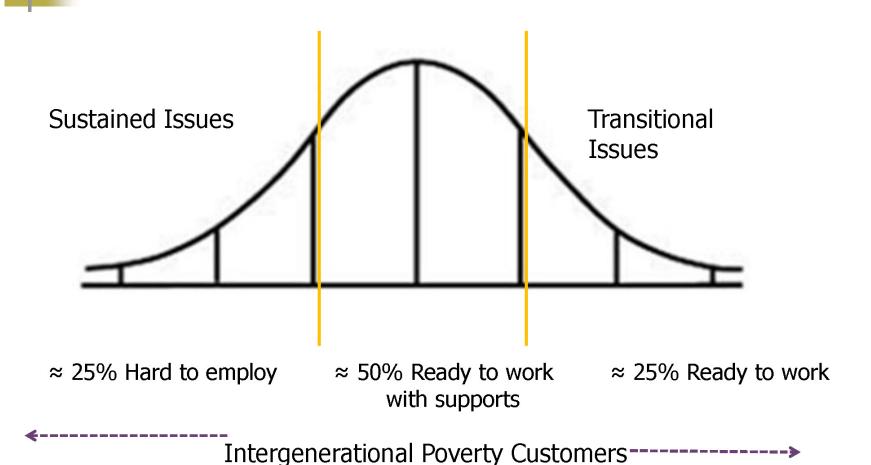
### Limitations





ACE Histories instead of ACE scores

## FEP Customer Groupings



# Qualitative Comments

Thinking big picture, from the time you walked into DWS until now, what part of working with DWS has been most helpful to you? A person, a program, a way of thinking, etc......

- Worker traits/actions that made positive difference
- Help meeting basic needs for family's survival
- Hit and miss access to helpful services

## Qualitative Comments

What else do you think DWS could have done as you started assistance that would have been more helpful?

- 26% Nothing more yea!!! ©
- Better relationship with DWS worker
- Streamlined, Individualized Case Management
- Support Customer-Driven Goals

# Qualitative Comments

How do you feel you have become more selfsufficient since working with DWS?

- Increased income, assets, financial stability
- Consistently able to make ends meet
  - Gained Skills
  - Decreased Reliance on Others
  - Improved physical and mental health
- Education and training help bridge the gap
- Only 10% feel LESS self-sufficient



Two-Generation Approach



Improve Parent Well-Being



Prevent ACEs for Children