

Improving the mental health and economic security of two generations: The New Haven MOMS Partnership

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Two Generation Approach

Changing Outcomes For Children Facing Adversity
Requires Transforming the Lives of Adults
Who Care for Them

Violence

Mental
Illness

Substance Abuse

Stress

Poverty

Adverse childhood
Experiences



Strengthening
foundational
skills for
parenting,
employability,
and
responsible
citizenship

Depressed Mothers are the “Hardest to Reach” but Most Necessary to Engage

- Between **28 and 61** percent of mothers in home visiting programs screened positive for depression.¹
 - Program effects may be greatest for mother’s with depression.^{2,3}
 - But these mothers usually drop out early or **never enter programs**.⁴
- In Connecticut, only 35% of depressed mothers referred to mental health care attended an appointment.

¹Ammerman, RT. *Aggression and Violent Behavior* 15. 2010.

²Rahman, A. *PLOS Medicine* 10 (5) e1001442, 2013.

³Duggan, AK. *J Consult Clin Psychol.* 77(4):788–799, 2009.

⁴O’Brien, RA *Prev Sci.* Jun; 13(3):219-28. 2012



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Ensuring the Emotional Health of Our City's Families

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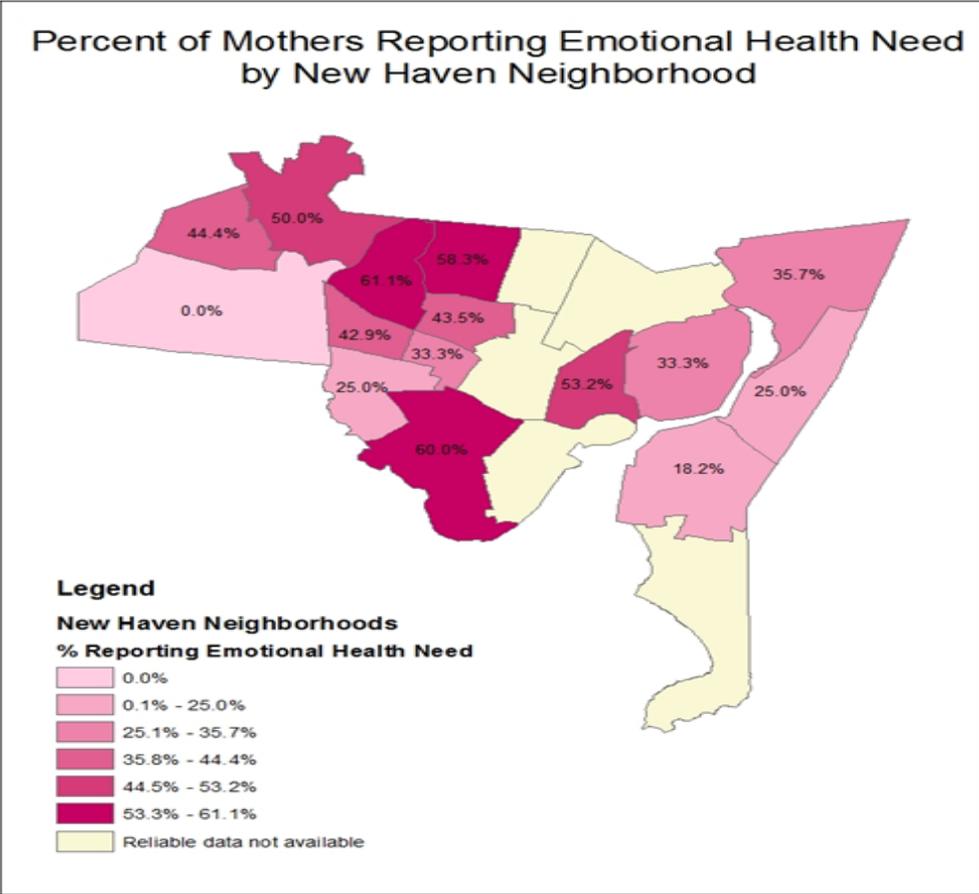
How Moms Talk About Stress

- “Not having a full-time job and living paycheck to paycheck.”
- “Working and getting paid small amounts of money”
- “Being a single mom with three sons and not being able to give them everything they want”
- “Not being able to provide for my family in a way that satisfies me”
- “Feeling unable to provide children with friends, experiences”

Our Target Population



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Formalized Partnerships Across Sectors

- All Our Kin
- Clifford Beers Guidance Clinic
- Housing Authority of New Haven
- New Haven Health Department
- New Haven Healthy Start
- New Haven Public Schools
- State of CT Department of Children & Families
- State of CT Department of Social Services
- The Diaper Bank
- Yale School of Medicine



Two Gen Approach Driven by Mothers

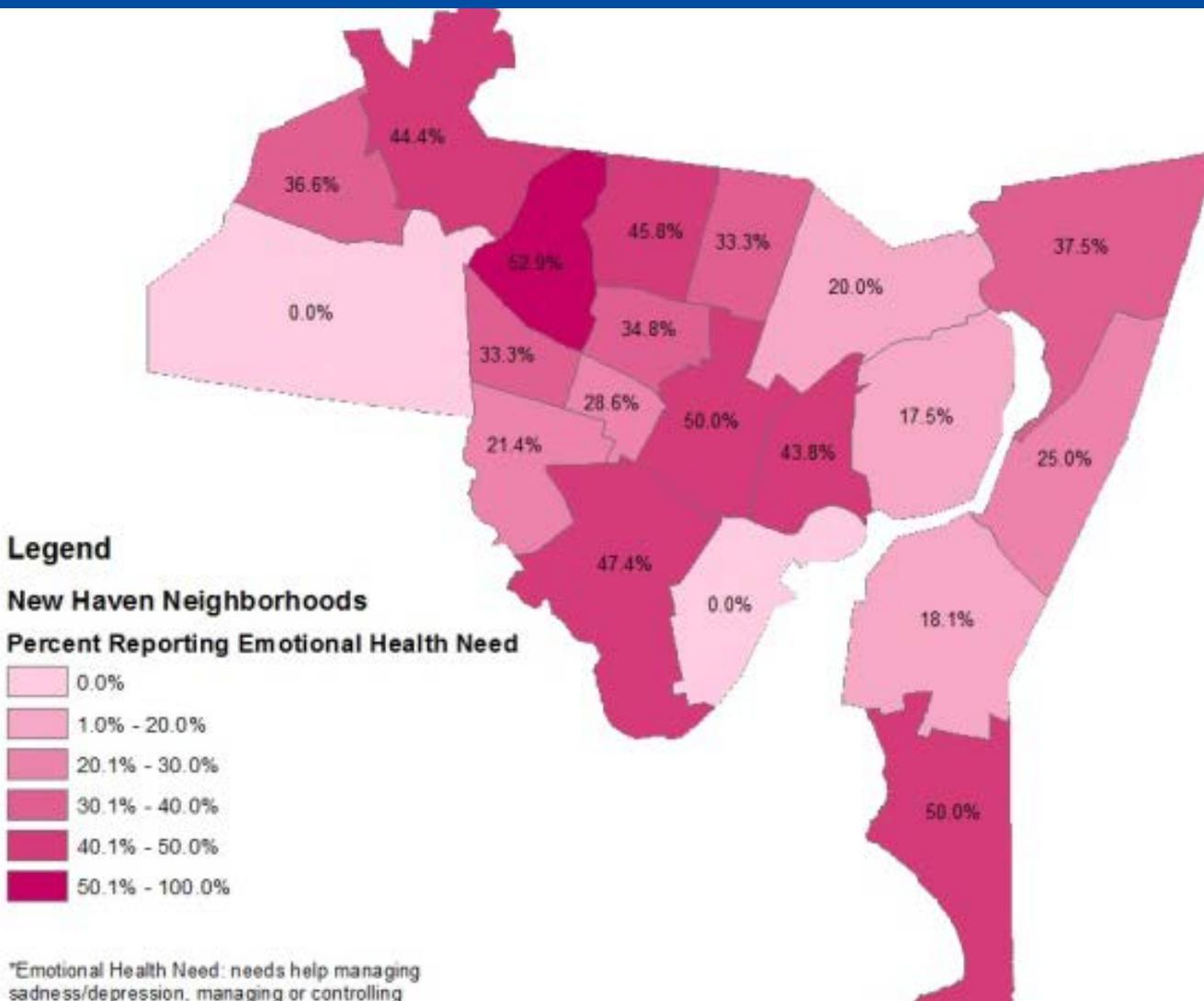
- Community Mental Health Ambassadors
- Based on “Needs Assessment”
 - Goals as well as needed support
- Data sharing across agencies and generations
- Cognitive behavioral therapy-based workforce and mental health interventions



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Smith, Kruse *J Health Policy & Planning*,
In Press

Emotional Health Need (N=2,213)

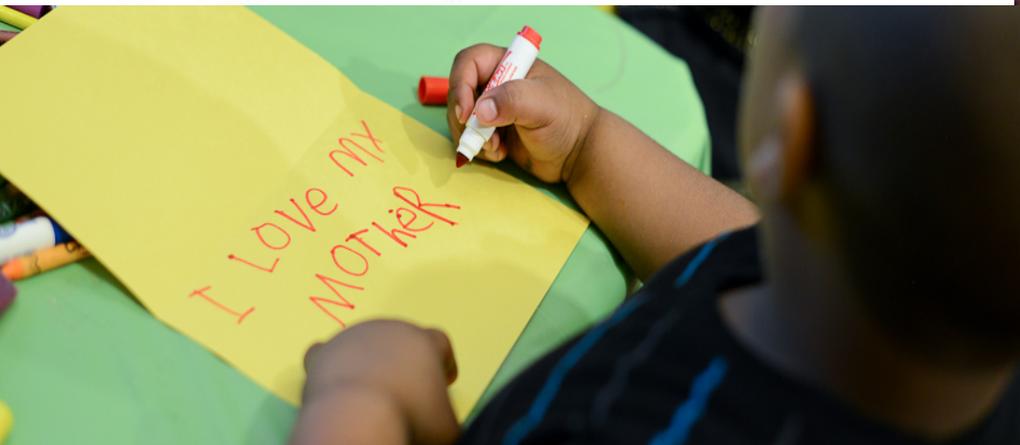


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Innovation in Location

- Integration of health in non health settings is essential to addressing chronic health needs ¹
- Supermarket, Public Housing Complexes, Boys & Girls Club- “HUBS”



¹ IOM. Living Well with Chronic Illness: A Call for Public Action. 2012







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