

# Supporting Tribal TANF Clients with Co- Occurring Disorders

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Saginaw Chippewa Indian Tribe

Mount Pleasant, Michigan

**Region IX Tribal TANF Technical Assistance Workshop**

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# Saginaw Chippewa Indian Tribe of Michigan





# Tribal Collaboration

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- Saginaw Chippewa Indian Tribe is one of twelve federally recognized tribes in the state.
- A member tribe of the Inter-Tribal Council of Michigan
- Each tribe offers Behavioral Health Services in which their capacity and infrastructure differ from tribe to tribe.
- Behavioral Health Communication Network
  - Support, Advocacy, Learning Community

# Saginaw Chippewa Indian Tribe Behavioral Health

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# Our Staff

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# Our Mission

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- To provide comprehensive, individualized, and holistic treatment to include; residential substance abuse treatment, outpatient mental health and substance abuse services, and prevention to Native Americans. A cultural and sensitive approach shall be taken in the delivery of counseling, outreach, crisis intervention, administrative services, preventive measures, evaluation, planning for the appropriate mental health and substance abuse services and referrals to clients served.

# Program Specifics

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- Eligibility, Programs and Services
  - Provides services to members of federally recognized tribes living in our 5 county service area. Also serve direct descendents of the Saginaw Chippewa Indian Tribe.
  - Outpatient Mental Health and Substance Abuse services.
  - Intensive Outpatient Program
  - Adult Substance Abuse Residential Program
  - Supportive Living Program
  - Community Based Prevention
  - Helping Healer Program (Culture Specific)
  - Domestic Violence Shelter and Transitional Living
  - School Based Services
  - Auricular Acupuncture
  - Board Certified Psychiatrist
  - Medication Management

# Barriers to Successful Client Outcomes

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- Once upon a time we had separate Substance Abuse and Mental Health Counselors
  - Inconvenient to client
  - Communication about joint services were a challenge
  - Poor service delivery
  - Poor client outcomes
- Clients would either make one appointment or the other, rarely make both.
  - Due to frustration client would stop coming in for services.

# Solution: Integrated Services

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- Dually trained clinician's
- One clinician to treat both mental health and substance use issues.
  - Licensed Master's level
  - Substance Abuse Certified
- Recently implemented auricular acupuncture
  - Reduces anxiety
  - Can be more effective with clients
  - Assists with detoxification
  - Can be done in group setting

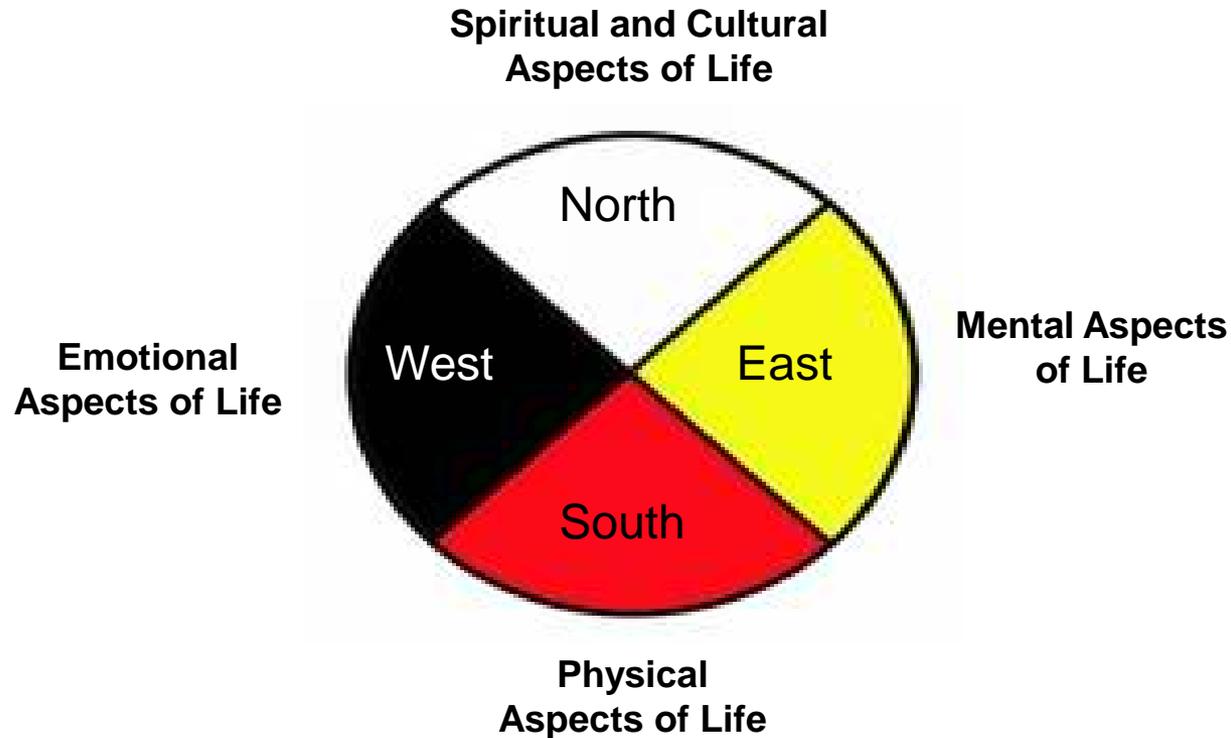
# The Anishnaabek Way of Life

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- Many clients did not have a sense of their cultural identity
- Have woven the culture throughout our program and services
- For many, culture was the only way they have sustained wellness and sobriety
- Creates understanding as to the why- *Ah, Ha moments.*

# Cultural Resources-Understanding Who We are and Where We Come From

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# Helping Healer

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- A bridge between prevention, education, outpatient, and services and also serve as a community outreach person between therapeutic services and the traditional/cultural programs.
- Traditional healing practices have been successful in making a significant difference in client-centered treatment and recovery.
- Enables clinicians to refer to and incorporate culturally relevant goals in therapy and in the recovery processes.

# Teaching Lodge

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# Winter Teaching Lodge

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# Sweat Lodge

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# Fasting Camp



# Making the Connection

Care Coordination, Case Management  
and Collaboration

# Tribal and Community Resources

Behavioral Health

services

Nimkee Fitness

services

Human Resources

services

Information Technology

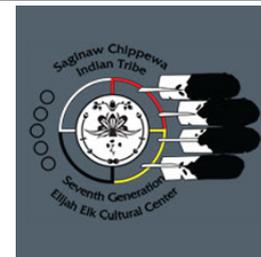
services

Anishinaabe Language  
Revitalization Department

culture

Nimkee Clinic

services



# Can be Overwhelming

- Clients access multiple services
- Required participation versus voluntary
- May be unaware of services and resources available



# MOA's/ MOU's, QSOA's

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- Outlines Responsibilities/Services
- Demonstrates commitment
- Can be used across systems
- Would recommend updating annually

# Importance of Care Coordination

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- Bring individual systems together working towards a common goal of recovery and wellness
- Too often we operate in silos
- Without coordination it creates increased barriers to individuals seeking and receiving services

# Case Management

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- Linking clients
- Keep clients engaged
- More likely to be successful
- Comprehensive

# Integrating Care Coordination and Case Management Strategies

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- Strong Emphasis on How Non-Direct Providers Impact Recovery
- Create Opportunities for Communication
- Provide Education

# Collaboration Strategies

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# One Size Does Not Fit All

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- Understand what may work in one community may not work for everyone.
  - Make it your own.
  - Celebrate small victories

# Vision and Goals

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- Being able to see the big picture and communicate it at various levels.
  - Taking it from a Program level to the Community level and everything in between.

# Building Relationships

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- Meeting with individual programs, emphasizing how they can and are making a difference in the life of someone who is in recovery.
- Encouragement to be part of the team.
- Communication, Communication, Communication

# Contact Information

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