



ADMINISTRATION FOR
CHILDREN & FAMILIES
Office of Family Assistance



Regions I–IV TANF Technical Assistance Virtual Meetings
**NAVIGATING NEW PATHWAYS TOWARDS
BUILDING THRIVING COMMUNITIES**

Thursday, February 18, 2021 • Wednesday, March 10, 2021 • Monday, March 22, 2021

Additional Resources for Responding to Trauma in a Virtual Setting

RESEARCH AND RESOURCES

3 Keys to Workplace Wellness Based on Psychological Science:

<https://www.psychologytoday.com/us/blog/revolutionary-thoughts/202003/3-keys-workplace-wellness-based-psychological-science>

Trauma-Informed Care Environments: An Organizational Self-Assessment:

<https://www.hca.wa.gov/assets/program/trauma-informed-care-organization-self-assessment-university-south-florida.pdf>

Daniel Siegel's Hand as a Brain Model video:

<https://www.youtube.com/watch?v=gm9CIJ74Oxw>

HCA Trauma-Informed Approach: Resources <https://www.hca.wa.gov/about-hca/resources>

Links to ACEs and Resiliency Information and Brain Based Science: <https://criresilient.org/>

Make Workplace Wellness Your Corporate Superpower: <https://youtu.be/1KilHxfqInw>

The National Center of Family Homelessness: Trauma-Informed Organizational Toolkit for Homeless Services:

<https://www.hca.wa.gov/assets/program/trauma-informed-self-assessment-national-center-family-homelessness.pdf>

Trauma-Informed Approach Washington Trainings: <https://tiawashington.com/training-center/>

Trauma Informed Care Screening Tool:

<https://traumainformedoregon.org/roadmap-trauma-informed-care/screening-tool/>

Trauma-Informed Online Trainings: modules for direct line staff, supervisors, and execs.

Available in English and Spanish: <https://tiawashington.com/>



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Trauma-Informed Oregon COVID-19 through TIA principles document:

<https://traumainformedoregon.org/wp-content/uploads/2020/03/Considerations-for-COVID-19-Trauma-Informed-Response.pdf>

Trauma-Informed Oregon's TIA COVID 2-page document:

<https://traumainformedoregon.org/wp-content/uploads/2016/01/What-is-Trauma-Informed-Care.pdf>