



NATIONAL RESOURCE CENTER *for*  
HEALTHY MARRIAGE *and* FAMILIES

**Introducing the National  
Resource Center for Healthy  
Marriage and Families  
Robyn Cenizal, CFLE  
Project Director**



U.S. Department of Health and Human Services  
Administration for Children and Families  
Office of Family Assistance

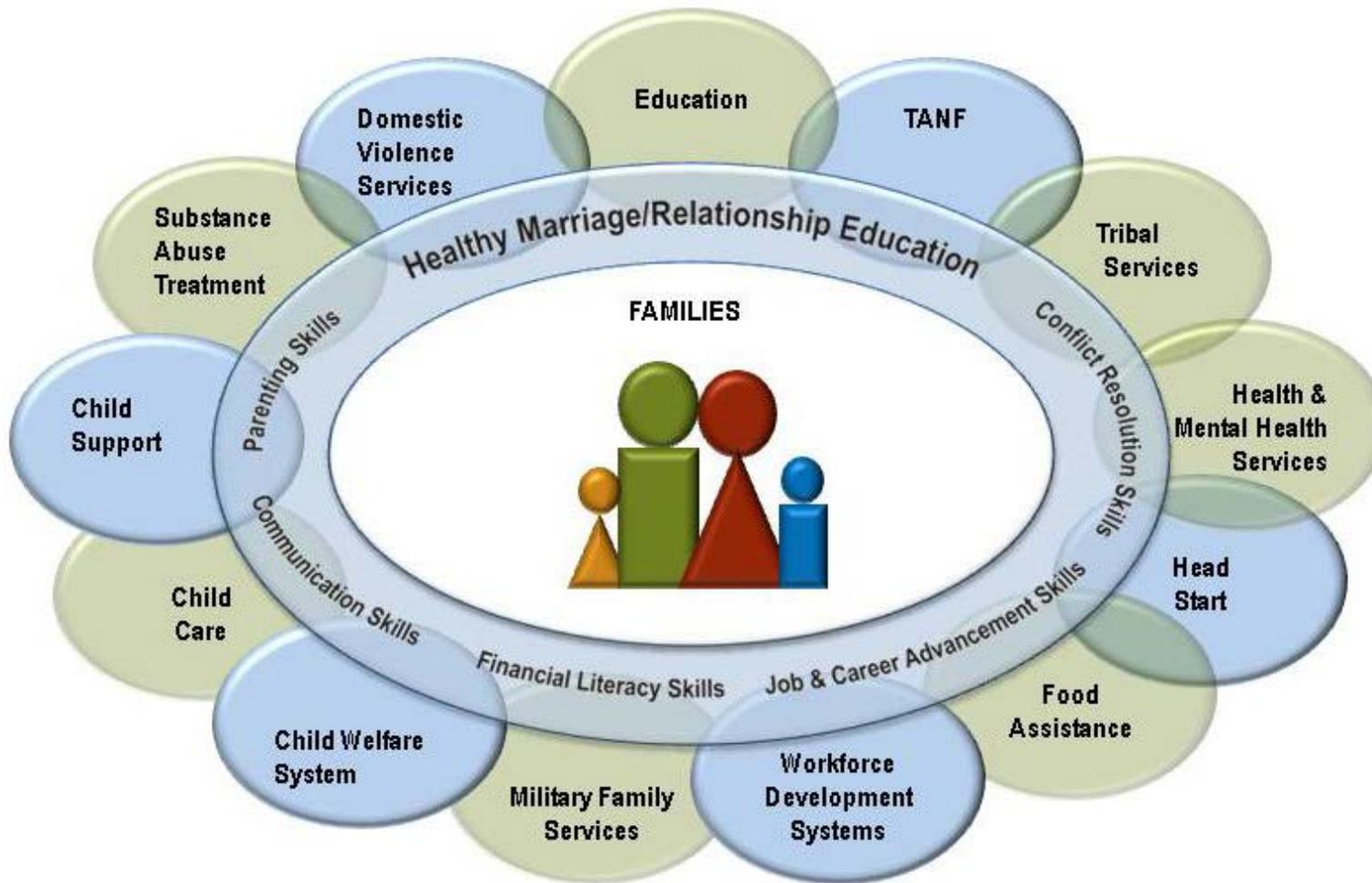
**June 27, 2012**

# National Resource Center for Healthy Marriage and Families

- **Mission:** Connecting healthy marriage education skills and safety-net services as an integrated approach to strengthening families.
  - Skills such as communication, conflict resolution, parenting and financial literacy.



# Safety-Net Service Providers



# Cost of Family Fragmentation to Tax Payers

- Family fragmentation costs U.S. taxpayers *at least \$112 billion each and every year, or more than \$1 trillion each decade.*
- These costs arise from increased taxpayer expenditures for antipoverty, criminal justice, and education programs, and through lower levels of taxes paid by individuals who, as adults, earn less because of reduced opportunities as a result of having been more likely to grow up in poverty.

# Cost to Employers

- There are substantial productivity declines for workers in failing relationships.
- These workers often have serious health concerns: increased stress and anxiety, increased rates of depression, and increased rates of substance abuse.
- These workers directly cost companies in higher healthcare expenditures and indirectly through societal effects of broken families.

# Levels of Integration

1. Basic Engagement - Educational materials for colleagues and clients.
2. Partnerships - Information on identifying and developing referral partnerships.
3. Full integration - Training materials to assist in fully integrating healthy marriage education skills into social service delivery systems.



# Virtual Resource Center

The screenshot shows the homepage of the National Resource Center for Healthy Marriage and Families. The header features the organization's logo on the left, the name "NATIONAL RESOURCE CENTER for HEALTHY MARRIAGE and FAMILIES" in the center, and a search bar with social media icons (Facebook, Twitter, and a plus sign) on the right. Below the header is a navigation menu with the following items: HOME, WHAT'S NEW, ABOUT US, SAFETY-NET SERVICES, PROGRAM DEVELOPMENT, TRAINING & TECHNICAL ASSISTANCE, and LIBRARY SEARCH. The main content area is divided into two columns. The left column features a large image of a diverse group of people smiling and talking. Below the image is a section titled "Training & Technical Assistance" with a sub-headline "The Resource Center offers training, services and support to engage safety-net stakeholders in integrating healthy marriage education into their respective service delivery systems." The right column has a section titled "Our Purpose" with a sub-headline "The Resource Center supports safety-net service providers as they integrate healthy marriage and relationship education skills into service delivery systems as part of a comprehensive, culturally appropriate, family-centered approach designed to promote self-sufficiency." Below the main content area is a sidebar with a "What's New" section containing links to "About Us" and "Training & Technical Assistance". To the right of the sidebar is a "New and Noteworthy" section with a star icon and a "Calendar" section with a calendar icon. The footer of the page features the organization's logo and name.

**NATIONAL RESOURCE CENTER for HEALTHY MARRIAGE and FAMILIES**

Search

f t +

HOME WHAT'S NEW ABOUT US SAFETY-NET SERVICES PROGRAM DEVELOPMENT TRAINING & TECHNICAL ASSISTANCE LIBRARY SEARCH

**Training & Technical Assistance**  
The Resource Center offers training, services and support to engage safety-net stakeholders in integrating healthy marriage education into their respective service delivery systems.

**Our Purpose**  
The Resource Center supports safety-net service providers as they integrate healthy marriage and relationship education skills into service delivery systems as part of a comprehensive, culturally appropriate, family-centered approach designed to promote self-sufficiency.

What's New

About Us

Training & Technical Assistance

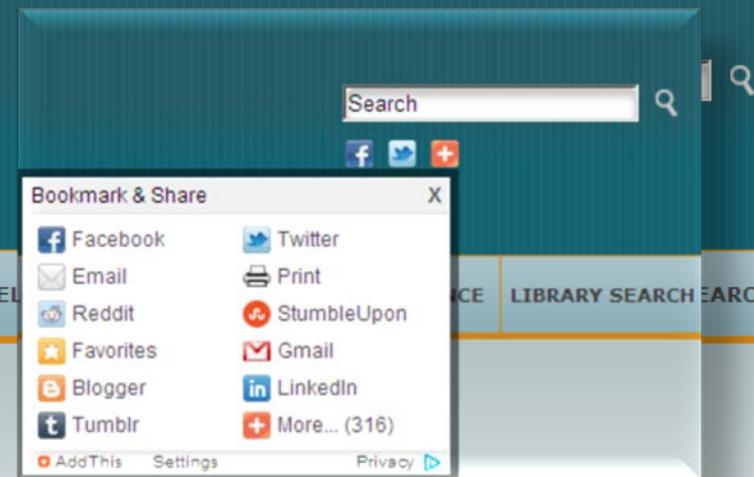
**New and Noteworthy**

Marriage across racial and ethnic lines continues to be on the rise in the United States. The share of new marriages

**Calendar**

The Events calendar offers a listing of national, regional and community-wide events that might be of interest to our

**NATIONAL RESOURCE CENTER for HEALTHY MARRIAGE and FAMILIES**



Home » Success Stories

## Success Stories

The State of Utah demonstrates that different levels of engagement work for different service delivery systems. For some systems, basic information-sharing with clients is an effective strategy; while in other systems, fully integrating healthy marriage education into service delivery is the best approach.

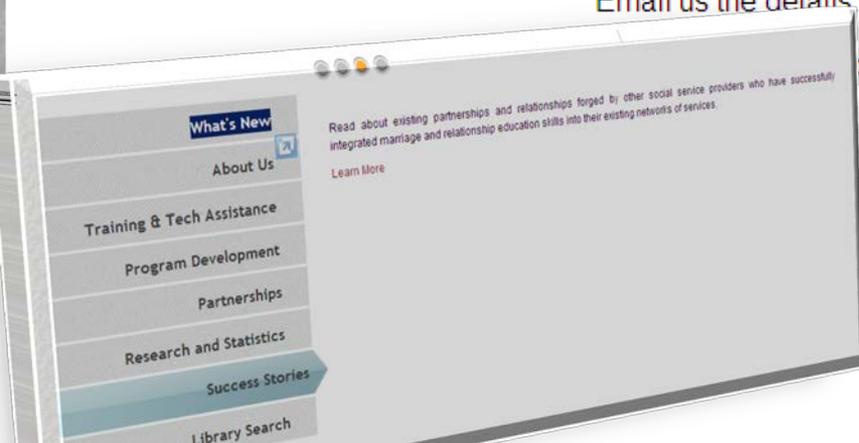
The [Utah Department of Workforce Services](#) partners with Utah State University's [StrongerMarriage.org](#) program to distribute the [Utah Healthy Marriage Book](#) for free to any Utah resident that would like a copy. All they have to do is ask! [Workforce Services](#) also provides information related to parenting and financial literacy classes.

The [Utah State Office of Education](#) partners with Utah Family & Consumer Sciences Education to offer [Adult Roles & Responsibilities](#) at 95 high schools throughout the state of Utah. This course (.5 credit) prepares students to understand the nature, function, and significance of human relationships involving individuals and families. Topics include: family living, parenting, household and money management, decision-making skills, communication skills, self-awareness, crisis management, and the individual's roles and responsibilities within the family and community. On average 9,339 students were enrolled in these classes during the 2010-2011 school year.

Does your agency have a success story to tell?

Email us the details: [info@healthymarriageandfamilies.org](mailto:info@healthymarriageandfamilies.org)

We would love to tell your story!





Home » Training & Tech Assistance

## Training and Technical Assistance

National Resource Center for Healthy Marriage and Families Training and Technical Assistance provides interested State, Tribal, Safety-net Stakeholders and organizations with customized training (in-person and on-line), best practices, research, resource information, and opportunities to share and learn experienced-based strategies for integrating Healthy Marriage/Healthy Relationship skills into their current service delivery systems.

### The Training and Technical Assistance Goals are to:

Foster collaboration within and across State, Tribal, and Safety-net Stakeholder systems in an effort to provide more coordinated and holistic services to children and families.

Equip administrators and direct service providers with new tools, training, and skills, that will help them to best meet the needs of clients who seek support with their marriages/relationships

Provide peer-to-peer learning opportunities for State, Tribal, Safety-net Stakeholders, and organizations to share and learn cost-effective strategies that have proven effective at strengthening families and moving clients from welfare to self-sufficiency.

Promote and encourage effective healthy marriage/healthy relationship service integration strategies.

### Who Can Request and Participate in Training and Technical Assistance

Administrators and direct service providers from State, Tribal and local government Safety-net Stakeholders and organizations.

### Training and Technical Assistance Supports and Services

Assistance is available to assist with whatever level of engagement desired, from simply wanting brochures related to the importance of healthy marriage to distribute in a waiting room through strategies for complete program integration.

Understanding that the needs of State, Tribal, Safety-net Stakeholders, and organizations vary, Training and Technical Assistance will be provided through a variety of approaches including:

- Webinars –Expert-led trainings that that connect, inform, and educate administrators and direct service providers on relationship service integration strategies within their systems. These trainings occur over the internet and can be accessed remotely.
- Regional Site Exchanges – Regional technical assistance events that facilitate an in-person exchange of information. State, Tribal, Safety-net Stakeholders, and organizational direct service professionals from State, Tribal, Safety-net Stakeholders, and organizational direct service professionals will host visiting stakeholders who are interested in learning promising strategies for integrating healthy marriage and relationship services. Professional CEU's are awarded upon completion of the regional site exchanges.
- Regional and On-line Training Institutes – These training institutes target state administrators and direct service professionals from TANF, Child Support, Child Welfare, and Workforce Development agencies by fostering cross agency collaboration and providing them with the information and strategies to promote healthy marriages within their agencies. Professional CEU's are awarded upon completion of the Training Institutes.
- Individual Technical Assistance - We are also available to answer questions and provide one-on-one consultation regarding specific efforts to integrate healthy marriage and relationship education into your service delivery systems.

**Training and Technical Assistance request form**

### How to Request Training and Technical Assistance:

Training and Technical Assistance requests are jointly reviewed by Resource Center leadership and our Federal partners – The Office of Family Assistance (OFA), within the Administration for Children and Families (ACF). Training and Technical Assistance request form.





Home » [Safety-Net Services](#) » [Children and Youth Services](#)

[PARTNERSHIPS](#)[RESEARCH AND  
STATISTICS](#)

## Children and Youth Services

Researchers have found many benefits for children and youth who are raised by parents in a positive relationship and especially those in healthy marriages. Children raised in healthy marriages are more likely to grow into strong, healthy, and successful adults. Connecting parents to healthy marriage and relationship education skills such as communication, conflict resolution, parenting and financial literacy have been shown to increase marital stability, improve parenting skills, and improve family functioning. They can also increase parental confidence and encourage parents to take a more active role in their child's education.

Educators, policymakers, and families increasingly agree: schools cannot do it alone. Children need multiple opportunities to learn and grow—at home, in school, and in the community.

### Complementary Learning

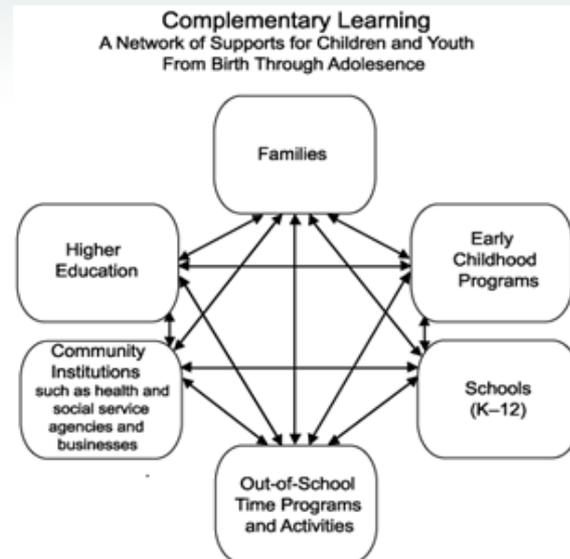
[Complementary Learning](#) is a comprehensive strategy for addressing all of these needs and ensuring success for all children and youth. Complementary learning is the idea that a systemic approach—which intentionally integrates both school and nonschool supports—can better ensure that all children have the skills they need to succeed. As the chart indicates, families need to be at the table as equal stakeholders in their child's education.

### Harvard's Family Research Project

[Harvard's Family Research Project](#) offers a wealth of information, research and resources to assist educators and other child serving organizations in their mission to encourage and support children and their families from the cradle to college.

[Education \(K-12\)](#)

[Head Start/Early Learning](#)



© 2005 Harvard Family Research Project ([www.hfrp.org](http://www.hfrp.org))



[Home](#) » [What's New](#) » [Calendar](#) » [Calendar](#)

## Calendar

Month

Week

Day

Year

[Submit an event](#)

April 2012

[« Prev](#) [Next »](#)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>2012 International Conference on Domestic Violence, Sexual Assault, and Connecting Federal Pr</b>	3	4	5 <b>Balancing Work and F:</b>	6	7
8	9	10	11	12	13	14
15	16 <b>18th Annual National Conference on Child Abuse and Neglect Monday, April 16, 2012 - 12:00 to Friday, April 20, 2012 - 12:00</b>	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

# National Resource Center for Healthy Marriage and Families

**Robyn Cenizal, Project Director**

**[www.healthymarriageandfamilies.org](http://www.healthymarriageandfamilies.org)**

**Email:**

**[info@healthymarriageandfamilies.org](mailto:info@healthymarriageandfamilies.org)**

**Phone:**

**866-916-4672**

