



Meeting the Mental Health Needs of TANF Recipients

Lori L. Beyer, LICSW
Community Connections
Washington, DC

Mental Health Needs

- Major Mental Illness
 - Schizophrenia, Schizoaffective , Bi-Polar Disorder, Depression
- Personality Disorders
 - Borderline, Anti-social, Obsessive Compulsive, Paranoid Personality
 - Characteristics of Personality Disorders: Distrustful, Mood swings, Hard to engage

Holistic Assessment

- Not “What is wrong with you?”, rather “What has happened to you?”
- What do you need?
 - MH, SA, health, education, housing
- What do your kids need?
- Know the community resources
 - Mental health access line

Prevalence Data

Source: U.S. Department of Health and Human Services, Administration for Children and Families

- In 2011, there were over 500,000 substantiated reports of child abuse in the United States
 - 78.5% Neglect
 - 17.6 % Physical abuse
 - 9.1% Sexual abuse
 - 9.0% Emotional abuse
 - 2.2% Medical neglect
 - 10.6% Other
 - Many children experienced multiple types of abuse and multiple instances of the same abuse

Prevalence Data (2)

Source: U.S. Department of Health and Human Services, Administration for Children and Families

- A report of child abuse is made every ten seconds.
- More than four children die every day as a result of child abuse.
- More than 90% of juvenile sexual abuse victims know their perpetrator in some way.

Prevalence Data (3)

Source: U.S. Department of Health and Human Services, Administration for Children and Families

- Child abuse occurs at every socioeconomic level, across ethnic and cultural lines, within all religions and at all levels of education.
- About 30% of abused and neglected children will later abuse their own children, continuing the horrible cycle of abuse.
- In at least one study, about 80% of 21 year olds that were abused as children met criteria for at least one psychological disorder.

Core Values of Trauma-Informed Care

- Safety: Ensuring physical and emotional safety
- Trustworthiness: Maximizing trustworthiness, making tasks clear, and maintaining appropriate boundaries
- Choice: Prioritizing consumer choice and control
- Collaboration: Maximizing collaboration and sharing of power with consumers
- Empowerment: Prioritizing consumer empowerment and skill-building

Presenter Information:

- Lori L. Beyer, LICSW
- Director of Trauma Education
- Community Connections, Inc.
- 801 Pennsylvania Ave SE, Suite 201
- Washington, DC 20003
- 202-608-4788
- lbeyer@ccdc1.org