

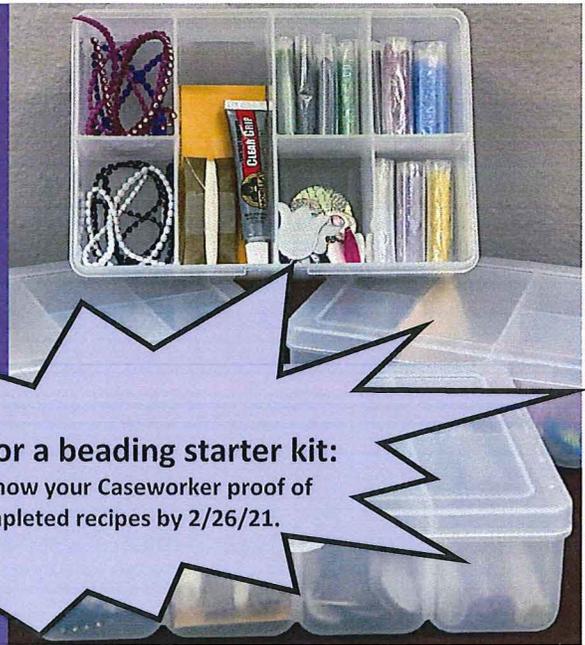
Make your own beaded lanyard



- * Watch our video on our FB page MITW—Community Resource Center
- * Everything you need is supplied
- * Complete this activity and Earn (5) work participation hours
- * Take a picture of your completed lanyard
- * Send the picture to your caseworker by 11/27/2020

For any questions please call Ashley at 715-799-5137 or comment under the FB video that pertains to this activity.

Our Recipe Box



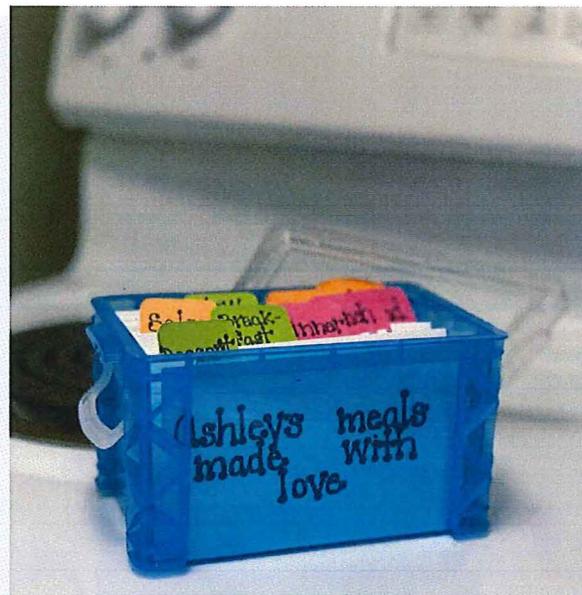
Drawing for a beading starter kit:

You must show your Caseworker proof of (10) completed recipes by 2/26/21.

What is the purpose? Spending some family time to learn what our household loves to eat and writing the recipe out for anyone to make it. For an example: My son loves spaghetti, not just any spaghetti, his Kohkoh's spaghetti. And even though I know how to make it, one day he may want to learn.

Instructions:

- You will receive a recipe box that looks like the picture off to the right.
- Decorate this recipe box and personalize it how you want to.
- Label each index card of your favorite dish. List the ingredients and the recipe instructions on how to make it. Feel free to hand write this out or use a computer to print/paste it out on the index card.
- Make sure that you add in everyone's favorite meal (s).



Label suggestions? * You can label by family members name. * Label by food categories such as: Desserts, Salads, Pastas, Grill foods, Soups, etc. * Label by Time of day meals such as: Breakfast, lunch, dinner snacks.

Participation? * Recipe index cards will be worth (1) hour each (no limit). * Additional hours will be given if you cooked a meal from one of your recipe cards. Limited to (2) hours per meal (3) times a week (must write it on your timesheet). * Project will be observed by timesheet entries and at monthly reviews.