

Iowa Department of Human Rights

FAMILY DEVELOPMENT AND SELF-SUFFICIENCY PROGRAM



Family Development and Self-Sufficiency Program

COMPREHENSIVE:
In-home coaching and
stability supports for
families receiving cash
assistance (FIP)

STRENGTH-BASED:
Foundation in Family
Systems Theory

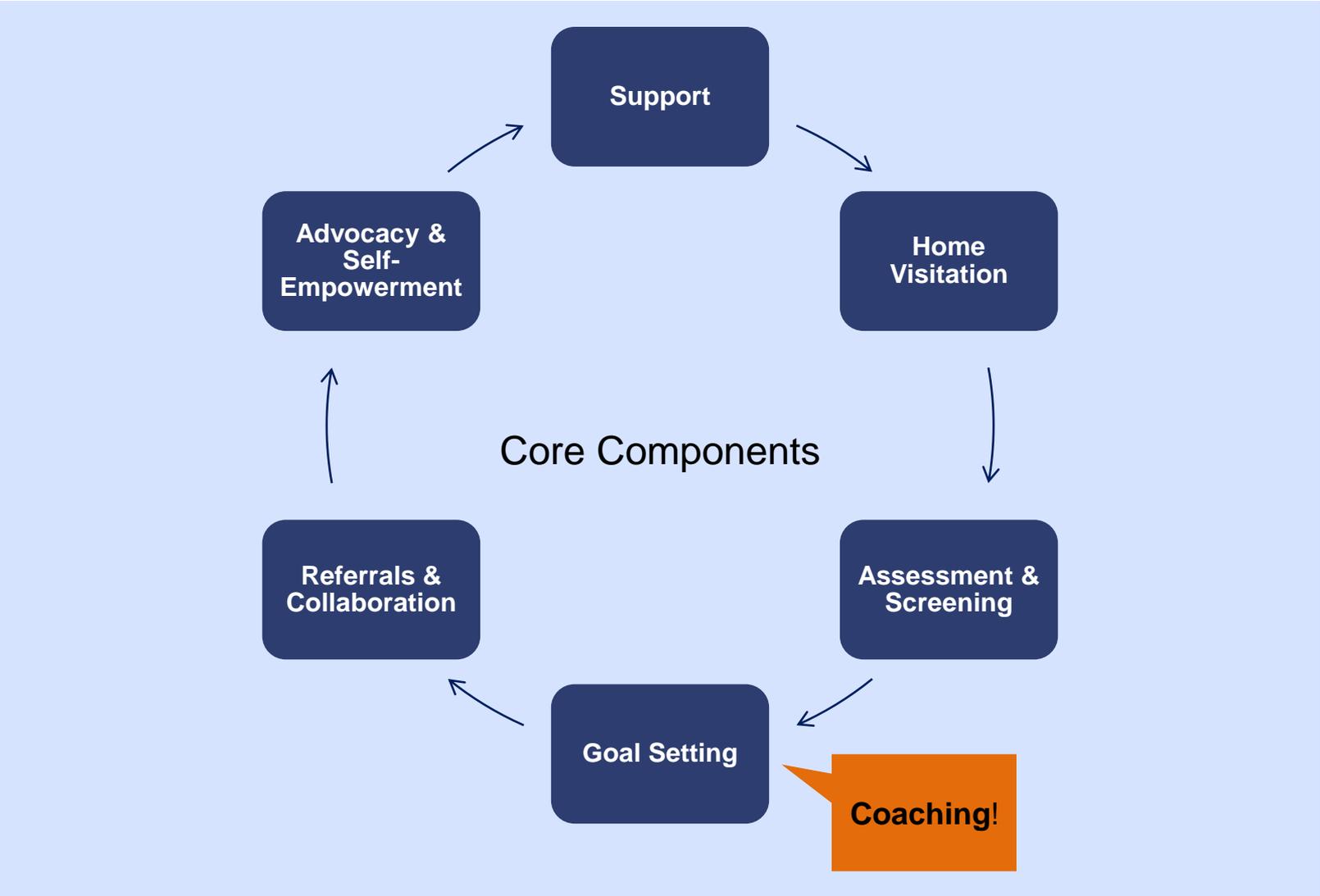
STATEWIDE:
Available in all of Iowa's
99 counties

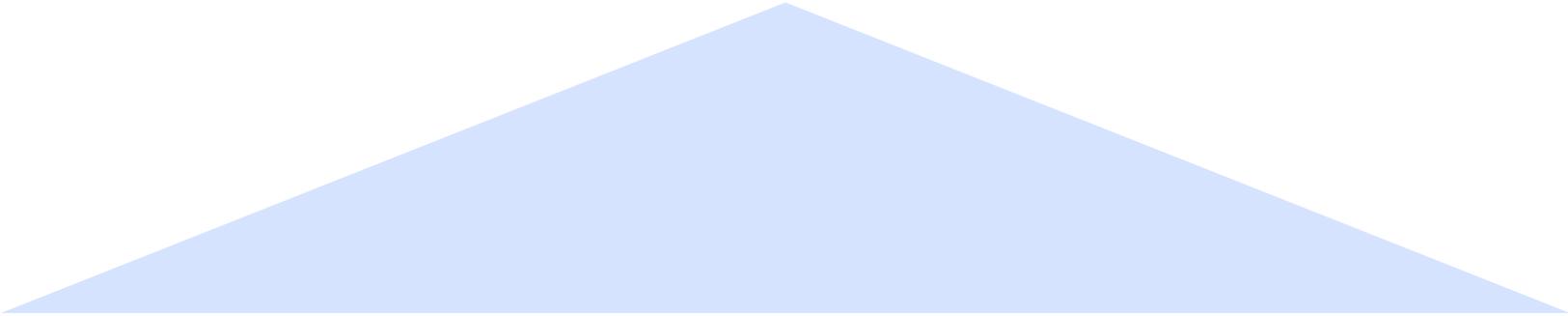
CAPACITY:
Serve 1,500 families
at any time, roughly a
quarter of Iowa's FIP
participants

CERTIFICATION:
All staff are certified in
Family Development by
the NRC for Family
Centered Practice

MATURE:
Created during the
1988 Iowa General
Assembly

Family Development and Self-Sufficiency Program





Meeting in the home:

Lends **context** (family systems)

Ability to engage the **entire family**

Addresses professional/client **power differential**

Transportation barrier is eliminated or reduced

Goal Setting: A Coaching Strategy

Foundation:

- Utilize family strengths to address barriers (assessment & screening)
- Family-driven (partnership)
- Clearly articulated goal statement and action steps
- Measurable
- Accountability



Family Development and Self-Sufficiency Program

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